

**RULES FOR
ARTISTIC SKATING COMPETITIONS**

ARTISTIC IMPRESSION

By World Skate Artistic Technical Commission



**WORLD
SKATE**

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1 OWNERSHIP

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2 ARTISTIC IMPRESSION

Score for the artistic impression will be the sum of 4 components. For each one of the components judges should award a score between 0.25 and 10 (9, 8 or 7 depending on the category), allowing for increments of 0.25 (i.e. 0.25, 0.50, 0.75, 1.00, etc.).

- Skating skills.
- Transitions.
- Performance
- Choreography/composition.

Ranges of scoring per category:

- Senior, scoring is up to 10.0.
- Junior, scoring is up to 9.0.
- Youth, scoring is up to 8.0.
- Cadet, Espoir, Minis, Tots scoring is up to 7.0

The result of the artistic impression will be multiplied for a factor that can vary depending on the discipline and category:

CATEGORY/MODALITY	SHORT PROGRAM / STYLE - COMPULSORY DANCE	LONG PROGRAM / FREE DANCE
Junior and Senior		
Ladies free skating	1,0	1,6
Men free skating	1,0	1,8
Pairs	1,0	1,8
Dance/solo	1,0	1,3
Youth		
Ladies free skating	1,0	1,4
Men free skating	1,0	1,6
Pairs	1,0	1,4
Dance/solo	0,8	1,2
Cadet		
Ladies free skating	1,0	1,2
Men free skating	1,0	1,4
Pairs	1,0	1,4
Dance/solo	0,8	1,2
Espoir		
Ladies free skating	0,8	1,0
Men free skating	0,8	1,0
Pairs	0,8	1,0
Dance/solo	0,8	1,0

Minis and Tods		
Ladies free skating		0,8
Men free skating		0,8
Pairs		0,8
Dance	0,6	0,8

3 SKATING SKILLS

The overall ability to roller skate well.

The following are seven serious sins in skating:

- Stiff knees.
- Bending too far forwards.
- Skating on the toes.
- Balancing on the wrong part of the skate.
- Incomplete pushes.
- Too many short jerky steps.
- Skating on shallow curves.

3.1 Quality

Did they make you forget they were on skates?

- Balance is the mastery of one-foot skating; it's the relationship of the wheels to the surface.
- The sureness of the edges and the precision of foot placement on all the steps.
- The controlled curves, showing deep edges, and continuous flow and momentum both in and out of all turns.
- Variety in the use of power/energy, speed, and acceleration and its relationship to the music.
- The use of the skating knee and ankle with the ability to make skating look easy and effortless.
- With limited use of steps that are labored, straight lines, excessive cross pulls.
- Turns that are hoped, flat, and the use of toe stops for pushing.
- The over use of skating on two feet.

3.2 Carriage

- The control of the body movements while maintaining an excellent center of gravity.
- Posture and alignment with the correct use of inclinations.
- The extension lines of the head, arms, legs, hands and toes, while maintaining core stability.
- The range of movements all performed with strength and control.
- Weakness in this area would be a constant bending forward from the waist, or the lack of extensions or control exiting movements.

3.3 Difficulty

- The intelligent use of a variety of turns and steps.
- Increasing the depth of edge, both before and after the turn, while still maintaining speed and momentum.
- How hard the turns are (levels vs. quality), ease of execution, and talent.

3.4 Directional

Did they use all directions?

- Examples: forward and backward, clockwise and counter clockwise, and rotation in both directions or do they have a dominant turn direction?

3.5 Team skating

- Equal mastery of technique by all and shown in unison.

4 TRANSITIONS

The movements which link all the elements preferably with a minimum use of simple cross-pulls.

4.1 Variety

- Of steps, including the multi-directional, edges, trusts, spread eagles, Ina-Bauer, pivots and the use of two-foot turns, etc.
- In addition, the amount or use of one-foot turns, including three's, rocker, counter, bracket and loops, etc.

4.2 Difficulty

- More reward for body use in edges, with head, arms, torso and legs while performing to the music.

4.3 Complexity

- Intricate, innovative and/or varied footwork, positions and movements that seamlessly link all the elements.

4.4 Seamless - quality

- Including the entrances and exits of technical elements. It's the use of one-foot skating on edges, with enhanced body, head, arms, legs as dictated by the music.

4.5 Team skating

- The balance of the workload and variety of holds.

5 PERFORMANCE

5.1 Personality or theatrical skills

- To come to life as the music begins, to transform oneself or the ability to act.
- Communication of emotion throughout the use of the whole body - for example the face, body, eyes and hands.
- A personal commitment to the choreography, which shows the skater(s) as an individual performer, and the talent to entertain.
- The ability to make you believe in the character.
- To captivate and perform with sustained energy into multiple characters shades of moods.

5.2 Movement skills

- Reward the skater(s) who show physical flexibility and physical range of motion (ROM) in all planes of motion, as this takes a higher level of skill and stamina to perform.

- Quality of the movements that emphasize the three-dimensional and sculptural aspects of the human body.
- A rich kinesthetic repertoire of movements such as spirals, waves, arches, contractions and side bends.

5.3 Emotional intent

- Aesthetics and the energy of the performance to the music, in whatever style chosen. Perhaps its graceful, elegant, exquisite, beautiful, attractive, pleasing, lovely, powerful, intense, stylish, artistic, etc.
- The use of expressive intention and personal commitment. This demonstrates a skill in the artistry of the skater(s) and the ability to project and to communicate the expressive intention to the music, the judges and the audience.

5.4 Projection

- To control space, time, and energy to captivate and connect with consistency in performance across the program.
- The ability to make you feel like “Time Stands Still” as the program is over quickly, and your attention has been held captive.
- The confidence and effortless commitment to the choreography
- Ask yourself, did you feel involved in the performance or were you just watching an athlete skate while the music just happened to be playing?

5.5 Team commitment

- Relationship between the partners reflecting the character of the music.
- Interpretive unison is an equal partnership with the same degree of sensitivity between the partners not only to the music, but also to the equal understanding of the music’s nuances.
- There is an intimacy between the partners that is characterized by a feeling of “surrender” to the music and possibly to each other that creates an entity greater than the two of them.

6 CHOREOGRAPHY

6.1 Design

- The layout of the program, the design and the overall patterning.
- The variety or intelligent placement of all the elements on the skate surface, this includes the preparations/entries to technical elements.
- With limited use of long preparations into the technical elements.
- Direction changes throughout the program; rotational inner, circular, etc.

6.2 Choreographic intent

- The ability to identify the themes, ideas, story, character, etc.
- Whatever the chosen subject matter, there is a clear intention because the choreographed movements make sense to the music.

6.3 Body design & dimensions

- Body geometry and physical movements in space, with artistic body shapes or use of movements vocabulary, which complement the program and the music.
- Reflecting visually interesting and physically challenging designs of the human.









6.4 Musical relationship

- The ideal relationship is where the skater(s) and the music appear as one.
- Ask yourself, do the movements make sense to the music?
- Do the movements, including the technical elements, match the phrasing in the music?
- Did the skater(s) show ability to use nuances and create subtle physical interactions with/to the music through the use of tempos, melody, rhythm, phrasing, harmony, color, texture and nuances in the music?

6.5 Team skating

- The shared responsibility of purpose (pairs, dance, and group).
- Each skater has equal roles in achieving the aesthetic pursuit of the composition with equal steps, movements, and a sense of purpose in unifying the composition.

7 PROGRAM COMPONENTS

	 4.0	<p>The judge need to “hunt” for criteria for components. Performance is simple with limited interest. Skater gets lost with elements and drifts in and out of musical structure.</p>
	 3.0	<p>Immaturity of skating or performance. Minimal use of criteria. Multiple errors destroying the idea of purpose of the program. Skater acknowledges music only at rest times of performance with the program.</p>
	 2.0	<p>Little evidence of criteria for each component. Many negative notes on judge’s paper. Music is playing, but skater seldom relates.</p>
	 1.0	<p>Little or no criteria of components. Lack of understanding of components. Music is only background sound.</p>

8 GUIDE LINES WITH DETAILED RANGES

	Superior, out standing
	Good, very good
	Above average, average
	Fair, weak
	Poor, very poor, extremely poor

8.1 Senior

MARKS	SKATING SKILLS	TRANSITIONS	PERFORMANCE	CHOREOGRAPHY
10.0	Outstanding body control and posture - Outstanding inclination - Deep knee action - wonderful thrusting - deep, sure and apparently effortless edges - elegant clever steps and turns.	Difficult, intricate series and sequences of steps/turns/edges - movements and skating elements move seamlessly from one to another.	Spellbinding - outstanding capacity in energy and speed variations - unique personality - excellent interpretation -sophisticated and elegant style.	Wide range of clever moves inspired by the theme - ingenious use of music/ space/ symmetry - very intricate pattern - excellent use of personal space - very original.
9.5	Excellent body control and posture - Excellent inclination - supple knee action - wonderful thrusting - deep quite sure fluid edges - elegant clever steps and turns.	Difficult and intricate sequences of edges/steps/turns - movements and skating elements flows smoothly from one to another.	Wonderful performer - clear and excellent variations of the energy and speed - elegant style - personality - excellent interpretation.	Variety of interesting moves that develop theme - excellent use of music/space/symmetry - pattern very intricate - excellent use of personal space - originality.

9.0	Excellent body control and posture - Excellent inclination - supple knee action - wonderful thrusting - strong sure fluid edges - stylish interesting steps and turns.	Difficult sequences of edges/steps/turns - very good variation in movements and skating skills. All the elements flow easily from one to another.	Strong projection and very clear emotional involvement - easy variance of the energy and speed - superb carriage, excellent lines - Excellent theatricality skills and very good interpretation.	Some interesting moves that explore the theme - excellent use of space/symmetry - very good music characterization - intricacy in the pattern - very good use of personal space - originality.
8.5	Very good body control and posture - Very good inclination - strong knee action - very good thrusting - strong sure fluid edges - stylish interesting steps and turns.	Difficult sequences of edges/steps/turns - very good variation in movements and skating skills. All the elements are linked to one another.	Strong projection and clear emotional involvement - variance of energy its variation and speed - superb carriage and very good body lines - theatricality skills and good interpretation of the music.	Interesting moves related to the theme and very good music characterization - very good use of space/symmetry - difficult variations in pattern - very good use of personal space - research of originality.
8.0	Very good body control and posture - Very good inclination - strong knee action - very good thrusting - strong sure edges - polished interesting steps and turns.	Varied patterns of difficult edges/steps/turns - fluidity in the connection of the movements and skating elements.	Good projection and involvement - good energy and its variation and change of speed - good personality - good theatricality and interpretation.	Interesting moves related to the theme and good music characterization - very good use of space/symmetry - difficult variations in pattern - good use of personal space.
7.5	Good posture - Good inclination - good knee action - good thrusting - strong sure edges - polished interesting steps and turns.	Varied patterns of difficult edges/steps/turns - good variation in movements and skating skills and quality	Projection skills vary - speed and energy vary - excellent carriage/body lines - good personality - good theatricality and interpretation.	Interesting moves related to the theme and good music characterization - good use of space/symmetry - difficult variations in pattern - nice use of personal space.
-7.0	Good posture - Good inclination - good knee action - good thrusting - reasonable sure edges - good variety of steps and turns.	Series of strong edges/steps/turns/poses - good presence of movements and variation of skating elements (good quality) - fluency.	Projection skills and involvement vary- speed and energy vary with effort - very good carriage/body Lines - show of personality - nice attempt of theatricality and interpretation.	Interesting moves related to the theme and good music characterization - much of program focused on one side of the floor - good variations in pattern - nice use of personal space.
6.5	Modest posture - modest inclination - moderate knee action - nice thrusting - reasonable sure edges - good variety of steps and turns.	Series of strong edges/steps/turns/poses - discrete presence of movements and variation of skating elements (average quality)	Little projection and involvement - little change of speed and little use of energy variation - good carriage/body lines - show of personality - nice attempt of theatricality.	Good moves related to the theme and loose music characterization - much of program focused on one side of the floor - good variations in pattern - nice use of personal space.

6.0	Modest posture - modest inclination - moderate knee action - nice thrusting - reasonable sure edges - limited type of steps and turns.	Series of variable edges/steps - simple turns/poses - nice movements and skating elements (average quality).	Little projection and involvement - little change of speed and little use of energy variation - ok carriage/body lines - small show of personality - average attempt of theatricality.	Good moves related to the theme and loose music characterization - program focused on one side of the floor - good variations in pattern - poor use of personal space.
5.5	Limited Posture - Limited Inclination - variable knee action - variable thrusting shallow edges - limited types of steps/turns.	Variable edges/steps simple turns/poses - average presence of movements and skating elements (average quality).	Poor projection and involvement - no change of speed and energy - ok carriage/body lines - poor personality - average attempt of theatricality.	Some sequences of movements that fit the music - program concentrated on one side of the floor - no music characterization - some variations in pattern - poor use of personal space.
5.0	Posture not always - some inclination not always - thrusting not always - variable edge quality and bending - narrow range of steps/turns.	Basic edges/steps - simple turns/poses - basic moves and skating elements workload.	Poor projection and involvement - no change of speed and energy - variable carriage/body lines - poor personality - attempt of theatricality.	Some sequences of movements that fit the music - program content concentrated in certain parts of the program - no music characterization - some variations in the pattern.
4.5	Variable posture - some inclination not always - variable thrusting - forced edges/turns - little knee action - narrow range of steps/turns.	Limited edges/steps - simple/turns/poses - movements and skating elements (bad quality).	Only basic performance skills - lack of flow - not correct use of energy and its variations - variable carriage/body lines - no involvement - poor personality - use of theatricality skills not matching the theme.	A few isolated groups of moves that fit the music - program content concentrated on certain areas of the surface - no music characterization - some variations in pattern.
4.0	Variable posture, little knee actions - some inclination in some part - variable thrusting - forced edges/flats - few steps/turns.	Basic steps - simple edges/turns/poses - movements and skating elements (bad quality).	Only basic performance skills - not correct energy variation - variable extension - poorly defined body lines - use of theatricality skills not matching the music - poor personality - no involvement.	A few isolated group of movements that fit the music - elements not placed effectively on the surface - no construction or music characterization - few variations in pattern.
3.0	Variable posture - no bending. Variable thrusting - poor inclination - toe pushing - short edges/turns- few steps/turns.	Basic steps - simple edges/turns/poses - basic movements and skating elements attempts (bad quality).	Limited performance skills - very bad use of energy - variable extension - poorly defined body lines - poor use of theatricality - no personality - no involvement.	Many movements don't fit the music - elements not placed effectively on surface - no construction and music characterization - few variations in pattern.

2.0	Weak posture - no bending - no thrusting - poor inclination - little power - toe pushing - short edges/turns - few steps/turns.	Predominance of stroking/simple turns/poses - basic movements and skating element attempts (bad quality).	Limited performance skills - no involvement - no energy - poor extension - poorly defined body lines - poor use of theatricality skills - no personality.	Many movements don't fit the music - lack of coherence - illogical placement of movements and technical elements - no construction and music characterization - few variations in pattern.
1.0	Weak posture - no bending - lack of use of inclination - poor thrusting - short steps - few edges - some loss of balance - struggle with steps/turns.	Predominance of stroking/simple edges/turns/poses few edges - no movements - no skating elements.	Lack of performance skills: hesitant - no involvement - no energy - little extension - no body lines - no personality and theatricality.	Moves don't fit the music - lack of coherence - illogical placement of movements and technical elements - no construction and music characterization - pattern easy and circular.
0.25	Poor posture - No bending - lack of use of inclination - no thrusting - short steps and shaky edges - off balance - struggle with steps/turns.	Complete absence of ability in basic edges/stroking - few or no edges - no movements - no skating elements.	Lack of performance skills: faltering - no involvement - no energy - no extension - no body lines - no personality and theatricality.	Moves don't fit the music - random use of movements - pattern easy and circular - no construction whatsoever.

8.2 Junior

MARKS	SKATING SKILLS	TRANSITIONS	PERFORMANCE	CHOREOGRAPHY
9.0	Excellent body control and posture - Excellent inclination - supple knee action - wonderful thrusting - strong sure fluid edges - stylish interesting steps and turns.	Difficult sequences of edges/steps/turns - very good variation in movements and skating skills. All the elements flow easily from one to another.	Strong projection and very clear emotional involvement - easily variance of energy and speed - superb carriage, excellent lines - Excellent theatricality skills and very good interpretation.	Some interesting moves that explore the theme - excellent use of space/symmetry - very good music characterization - intricacy in the pattern - very good of use of personal space - originality.
8.5	Very good body control and posture - Very good inclination - strong knee action - very good thrusting - strong sure fluid edges - stylish interesting steps and turns.	Difficult sequences of edges/steps/turns - very good variation in movements and skating skills. All the elements are linked to one another.	Strong projection and clear emotional involvement - vary of energy its variation and speed - superb carriage and very good body lines - theatricality skills good interpretation of the music.	Interesting moves related to the theme and very good music characterization - very good use of space/symmetry - difficult variations in pattern - very good use of personal space - research of originality.

8.0	Very good body control and posture - Very good inclination - strong knee action - very good thrusting - strong sure edges - polished interesting steps and turns.	Varied patterns of difficult edges/steps/turns fluidity in the connection of the movements and skating elements.	Good projection and involvement - good energy and its variation and change of speed - good personality - good theatricality and interpretation.	Interesting moves related to the theme and good music characterization - very good use of space/symmetry - difficult variations in pattern - good use of personal space.
7.5	Good posture - Good inclination - good knee action - good thrusting - strong sure edges - polished interesting steps and turns.	Varied patterns of difficulty edges/steps/turns - good variation in movements and skating skills and quality	Projection skills vary - speed and energy variance - excellent carriage/body lines - good personality - good theatricality and interpretation.	Interesting moves related to the theme and good music characterization - good use of space/symmetry - difficult variations in pattern - nice use of personal space.
7.0	Good posture - Good inclination - good knee action - good thrusting - reasonable sure edges - good variety of steps and turns.	Series of strong edges/steps/turns/poses - good presence of movements and variation of skating elements (good quality) - fluency.	Projection skills and involvement vary- speed and energy vary with effort - very good carriage/body Lines - show of personality - nice attempt of theatricality and interpretation.	Interesting moves related to the theme and good music characterization - much of program focused on one side of the floor - good variations in pattern - nice use of personal space.
6.5	Modest posture - modest inclination - moderate knee action - nice thrusting - reasonable sure edges - good variety of steps and turns.	Series of strong edges/steps/turns/poses - discrete presence of movements and variation of skating elements (average quality)	Little projection and involvement - little change of speed and little use of energy variation - good carriage/body lines - show of personality - nice attempt of theatricality.	Good moves related to the theme and loose music characterization - much of program focused on one side of the floor - good variations in pattern - nice use of personal space.
6.0	Modest posture - modest inclination - moderate knee action - nice thrusting - reasonable sure edges - limited type of steps and turns.	Series of variable edges/steps - simple turns/poses - nice movements and skating elements (average quality).	Little projection and involvement - little change of speed and little use of energy variation - ok carriage/body lines - small show of personality - average attempt of theatricality.	Good moves related to the theme and loose music characterization - program focused on one side of the floor - good variations in pattern - poor use of personal space.
5.5	Limited Posture - Limited Inclination - variable knee action - variable thrusting shallow edges - limited types of steps/turns.	Variable edges/steps simple turns/poses - average presence of movements and skating elements (average quality).	Poor projection and involvement - no change of speed and energy - ok carriage/body lines - poor personality - average attempt of theatricality.	Some sequences of movements that fit the music - program content concentrated on one side of the floor - no music characterization - some variations in pattern -poor use of personal space.

5.0	Posture not always - some inclination not always - thrusting not always - variable edge quality and bending - narrow range of steps/turns.	Basic edges/steps - simple turns/poses - basic moves and skating elements workload.	Poor projection and involvement - no change of speed and energy - variable carriage/body lines - poor personality - attempt of theatricality.	Some sequences of movements that fit the music - program content concentrated on certain parts of the program - no music characterization - some variations in the pattern.
4.5	Variable posture - some inclination not always - variable thrusting - forced edges/turns - little knee action - narrow range of steps/turns.	Limited edges/steps - simple/turns/poses - movements and skating elements (bad quality).	Only basic performance skills - lack of flow - not correct use of energy and its variations - variable carriage/body lines - no involvement - poor personality - use of theatricality skills not matching the theme.	A few isolated groups of moves that fit the music - program content concentrated on certain areas of the surface - no music characterization - some variations in pattern.
4.0	Variable posture, little knee actions - some inclination in some part - variable thrusting - forced edges/flats - few steps/turns.	Basic steps - simple edges/turns/poses - movements and skating elements (bad quality).	Only basic performance skills - not correct energy variation - variable extension - poorly defined body lines - use of theatricality skills not matching the music - poor personality - no involvement.	A few isolated group of movements that fit the music - elements not placed effectively on the surface - no construction or music characterization - few variations in pattern.
3.0	Variable posture - no bending. Variable thrusting - poor inclination - toe pushing - short edges/turns - few steps/turns.	Basic steps - simple edges/turns/poses - basic movements and skating elements attempts (bad quality).	Limited performance skills - very bad use of energy - variable extension - poorly defined body lines - poor use of theatricality - no personality - no involvement.	Many movements don't fit the music - elements not placed effectively on surface - no construction and music characterization - few variations in pattern.
2.0	Weak posture - no bending - no thrusting - poor inclination - little power - toe pushing - short edges/turns - few steps/turns.	Predominance of stroking/simple turns/poses - basic movements and skating elements attempts (bad quality).	Limited performance skills - no involvement - no energy - poor extension - poorly defined body lines - poor use of theatricality skills - no personality.	Many movements don't fit the music - lack of coherence - illogical placement of movements and technical elements - no construction and music characterization - few variations in pattern.
1.0	Weak posture - no bending - lack of use of inclination - poor thrusting - short steps - few edges - some loss of balance - struggle with steps/turns.	Predominance of stroking/simple edges/turns/poses few edges - no movements - no skating elements.	Lack of performance skills: hesitant - no involvement - no energy - little extension - no body lines - no personality and theatricality.	Moves don't fit the music - lack of coherence - illogical placement of movements and technical elements - no construction and music characterization - pattern easy and circular.

0.25	Poor posture - No bending - lack of use of inclination - no thrusting - short steps and shaky edges - off balance - struggle with steps/turns.	Complete absence of ability in basic edges/stroking - few or no edges - no movements - no skating elements.	Lack of performance skills: faltering - no involvement - no energy - no extension - no body lines - no personality and theatricality.	Moves don't fit the music - random use of movements - pattern easy and circular - no construction whatsoever.
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8.3 Youth

MARKS	SKATING SKILLS	TRANSITIONS	PERFORMANCE	CHOREOGRAPHY
8.0	Very good body control and posture - Very good inclination - strong knee action - very good thrusting - strong sure edges - polished interesting steps and turns.	Varied patterns of difficult edges/steps/turns fluidity in the connection of the movements and skating elements.	Good projection and involvement - good energy and its variation and change of speed - good personality - good theatricality and interpretation.	Interesting moves related to the theme and good music characterization - very good use of space/symmetry - difficult variations in pattern - good use of the personal space.
7.5	Good posture - Good inclination - good knee action - good thrusting - strong sure edges - polished interesting steps and turns.	Varied patterns of difficult edges/steps/turns - good variation in movements and skating skills and quality	Projection skills vary - speed and energy variance - excellent carriage/body lines - good personality - good theatricality and interpretation.	Interesting moves related to the theme and good music characterization - good use of space/symmetry - difficult variations in pattern - nice use of the personal space.
7.0	Good posture - Good inclination - good knee action - good thrusting - reasonable sure edges - good variety of steps and turns.	Series of strong edges/steps/turns/poses - good presence of movements and variation of skating elements (good quality) - fluency.	Projection skills and involvement vary- speed and energy vary with effort - very good carriage/body Lines - show of personality - nice attempt of theatricality and interpretation.	Interesting moves related to the theme and good music characterization - much of program focused on one side of the floor - good variations in pattern - nice use of the personal space.
6.5	Modest posture - modest inclination - moderate knee action - nice thrusting - reasonable sure edges - good variety of steps and turns.	Series of strong edges/steps/turns/poses - discrete presence of movements and variation of skating elements (average quality)	Little projection and involvement - little change of speed and little use of energy variation - good carriage/body lines - show of personality - nice attempt of theatricality.	Good moves related to the theme and loose music characterization - much of program focused on one side of the floor - good variations in pattern - nice use of the personal space.

6.0	Modest posture - modest inclination - moderate knee action - nice thrusting - reasonable sure edges - limited type of steps and turns.	Series of variable edges/steps - simple turns/poses - nice movements and skating elements (average quality).	Little projection and involvement - little change of speed and little use of energy variation - ok carriage/body lines - small show of personality - average attempt of theatricality.	Good moves related to the theme and loose music characterization - program focused on one side of the floor - good variations in pattern - poor use of the personal space.
5.5	Limited Posture - Limited Inclination - variable knee action - variable thrusting shallow edges - limited types of steps/turns.	Variable edges/steps simple turns/poses - average presence of movements and skating elements (average quality).	Poor projection and involvement - no change of speed and energy - ok carriage/body lines - poor personality - average attempt of theatricality.	Some sequences of movements that fit the music - program content concentrated on one side of the floor - no music characterization - some variations in pattern - poor use of personal space.
5.0	Posture not always - some inclination not always - thrusting not always - variable edge quality and bending - narrow range of steps/turns.	Basic edges/steps - simple turns/poses - basic moves and skating elements workload.	Poor projection and involvement - no change of speed and energy - variable carriage/body lines - poor personality - attempt of theatricality.	Some sequences of movements that fit the music - program content concentrated on certain parts of the program - no music characterization - some variations in the pattern.
4.5	Variable posture - some inclination not always - variable thrusting - forced edges/turns - little knee action - narrow range of steps/turns.	Limited edges/steps - simple/turns/poses - movements and skating elements (bad quality).	Only basic performance skills - lack of flow - not correct use of energy and its variations - variable carriage/body lines - no involvement - poor personality - use of theatricality skills not matching the theme.	A few isolated groups of moves that fit the music - program content concentrated on certain areas of the surface - no music characterization - some variations in pattern.
4.0	Variable posture, little knee actions - some inclination in some part - variable thrusting - forced edges/flats - few steps/turns.	Basic steps - simple edges/turns/poses - movements and skating elements (bad quality).	Only basic performance skills - not correct energy variation - variable extension - poorly defined body lines - use of theatricality skills not matching the music - poor personality - no involvement.	A few isolated group of movements that fit the music - elements not placed effectively on the surface - no construction or music characterization - few variations in pattern.
3.0	Variable posture - no bending. Variable thrusting - poor inclination - toe pushing - short edges/turns- few steps/turns.	Basic steps - simple edges/turns/poses - basic movements and skating elements attempts (bad quality).	Limited performance skills - very bad use of energy - variable extension - poorly defined body lines - poor use of theatricality - no personality - no involvement.	Many movements don't fit the music - elements not placed effectively on surface - no construction and music characterization - few variations in pattern.

2.0	Weak posture - no bending - no thrusting - poor inclination - little power - toe pushing - short edges/turns - few steps/turns.	Predominance of stroking/simple turns/poses - basic movements and skating elements attempts (bad quality).	Limited performance skills - no involvement - no energy - poor extension - poorly defined body lines - poor use of theatricality skills - no personality.	Many movements don't fit the music - lack of coherence - illogical placement of movements and technical elements - no construction and music characterization - few variations in pattern.
1.0	Weak posture - no bending - lack of use of inclination - poor thrusting - short steps - few edges - some loss of balance - struggle with steps/turns.	Predominance of stroking/simple edges/turns/poses few edges - no movements - no skating elements.	Lack of performance skills: hesitant - no involvement - no energy - little extension - no body lines - no personality and theatricality.	Moves don't fit the music - lack of coherence - illogical placement of movements and technical elements - no construction and music characterization - pattern easy and circular.
0.25	Poor posture - No bending - lack of use of inclination - no thrusting - short steps and shaky edges - off balance - struggle with steps/turns.	Complete absence of ability in basic edges/stroking - few or no edges - no movements - no skating elements.	Lack of performance skills: faltering - no involvement - no energy - no extension - no body lines - no personality and theatricality.	Moves don't fit the music - random use of movements - pattern easy and circular - no construction whatsoever.

8.4 Cadet, Espoir, Mini and Tods

MARKS	SKATING SKILLS	TRANSITIONS	PERFORMANCE	CHOREOGRAPHY
7.0	Good posture - Good inclination - good knee action - good thrusting - reasonable sure edges - good variety of steps and turns.	Series of strong edges/steps/turns/poses - good presence of movements and variation of skating elements (good quality) - fluency.	Projection skills and involvement - good speed and energy - very good carriage/body lines - show of personality - nice attempt of theatricality and interpretation.	Interesting moves related to the theme and good music characterization - good use of space/symmetry - good variations in pattern - nice use of the personal space.
6.5	Modest posture - modest inclination - moderate knee action - nice thrusting - reasonable sure edges - good variety of steps and turns.	Series of strong edges/steps/turns/poses - discrete presence of movements and variation of skating elements (average quality)	Little projection and involvement - little change of speed and little use of energy variation - good carriage/body lines - show of personality - nice attempt of theatricality.	Good moves related to the theme and loose music characterization - much of program focused on one side of the floor - good variations in pattern - nice use of the personal space.

6.0	Modest posture - modest inclination - moderate knee action - nice thrusting - reasonable sure edges - limited type of steps and turns.	Series of variable edges/steps - simple turns/poses - nice movements and skating elements (average quality).	Little projection and involvement - little change of speed and little use of energy variation - ok carriage/body lines - small show of personality - average attempt of theatricality.	Good moves related to the theme and loose music characterization - program focused on one side of the floor - good variations in pattern - poor use of the personal space.
5.5	Limited Posture - Limited Inclination - variable knee action - variable thrusting shallow edges - limited types of steps/turns.	Variable edges/steps simple turns/poses - average presence of movements and skating elements (average quality).	Poor projection and involvement - no change of speed and energy - ok carriage/body lines - poor personality - average attempt of theatricality.	Some sequences of movements that fit the music - program content concentrated on one side of the floor - no music characterization - some variations in pattern - poor use of personal space.
5.0	Posture not always - some inclination not always - thrusting not always - variable edge quality and bending - narrow range of steps/turns.	Basic edges/steps - simple turns/poses - basic moves and skating elements workload.	Poor projection and involvement - no change of speed and energy - variable carriage/body lines - poor personality - attempt of theatricality.	Some sequences of movements that fit the music - program content concentrated on certain parts of the program - no music characterization - some variations in the pattern.
4.5	Variable posture - some inclination not always - variable thrusting - forced edges/turns - little knee action - narrow range of steps/turns.	Limited edges/steps - simple/turns/poses - movements and skating elements (bad quality).	Only basic performance skills - lack of flow - not correct use of energy and its variations - variable carriage/body lines - no involvement - poor personality - use of theatricality skills not matching the theme.	A few isolated groups of moves that fit the music - program content concentrated on certain areas of the surface - no music characterization - some variations in pattern.
4.0	Variable posture, little knee actions - some inclination in some part - variable thrusting - forced edges/flats - few steps/turns.	Basic steps - simple edges/turns/poses - movements and skating elements (bad quality).	Only basic performance skills - not correct energy variation - variable extension - poorly defined body lines - use of theatricality skills not matching the music - poor personality - no involvement.	A few isolated group of movements that fit the music - elements not placed effectively on the surface - no construction or music characterization - few variations in pattern.
3.0	Variable posture - no bending. Variable thrusting - poor inclination - toe pushing - short edges/turns- few steps/turns.	Basic steps - simple edges/turns/poses - basic movements and skating elements attempts (bad quality).	Limited performance skills - very bad use of energy - variable extension - poorly defined body lines - poor use of theatricality - no personality - no involvement.	Many movements don't fit the music - elements not placed effectively on surface - no construction and music characterization - few variations in pattern.

2.0	Weak posture - no bending -no thrusting - poor inclination - little power - toe pushing - short edges/turns - few steps/turns.	Predominance of stroking/simple turns/poses - basic movements and skating elements attempts (bad quality).	Limited performance skills - no involvement - no energy - poor extension - poorly defined body lines - poor use of theatricality skills - no personality.	Many movements don't fit the music - lack of coherence - illogical placement of movements and technical elements - no construction and music characterization - few variations in pattern.
1.0	Weak posture - no bending - lack of use of inclination - poor thrusting - short steps - few edges - some loss of balance - struggle with steps/turns.	Predominance of stroking/simple edges/turns/poses few edges - no movements - no skating elements.	Lack of performance skills: hesitant - no involvement - no energy - little extension - no body lines - no personality and theatricality.	Moves don't fit the music - lack of coherence - illogical placement of movements and technical elements - no construction and music characterization - pattern easy and circular.
0.25	Poor posture - No bending - lack of use of inclination - no thrusting - short steps and shaky edges - off balance - struggle with steps/turns.	Complete absence of ability in basic edges/stroking - few or no edges - no movements - no skating elements.	Lack of performance skills: faltering - no involvement - no energy - no extension - no body lines - no personality and theatricality.	Moves don't fit the music - random use of movements - pattern easy and circular - no construction whatsoever.

9 GUIDE LINE

SKATING SKILLS	EXTREMELY POOR	VERY POOR	POOR	WEAK	FAIR	AVERAGE	ABOVE AVERAGE	GOOD	VERY GOOD	SUPERIOR	OUT-STANDING
VALUE	0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
Quality											
Carriage											
Difficulty											
Directional											
Team skating											
TRANSITIONS	EXTREMELY POOR	VERY POOR	POOR	WEAK	FAIR	AVERAGE	ABOVE AVERAGE	GOOD	VERY GOOD	SUPERIOR	OUT-STANDING
Variety											
Difficulty											
Complexity											
Seamless quality											
Team skating											
PERFORMANCE	EXTREMELY POOR	VERY POOR	POOR	WEAK	FAIR	AVERAGE	ABOVE AVERAGE	GOOD	VERY GOOD	SUPERIOR	OUT-STANDING
Personality/theatrical skills											
Movements skills											
Emotional intent											
Projection											
Team commitment											
CHOREOGRAPHY	EXTREMELY POOR	VERY POOR	POOR	WEAK	FAIR	AVERAGE	ABOVE AVERAGE	GOOD	VERY GOOD	SUPERIOR	OUT-STANDING
Design											
Choreographic intent											
Body design & dimensions											
Musical relationship											
Team skating											