

## **GUIDELINES ON HOW TO FILL THE FORM**

Please follow the guidelines to fill up the Technical elements table order.

- 1. Use the column 'Element Code' to write the code of the element that you can choose from the list that follows.
- 2. Use the column 'Notes' for some particular situations that need explanations.
- 3. It is not necessary to know which steps or features are chosen by the skaters, it is just needed the code.
- 4. You can specify the level of the elements in the 'Note' field but it is not mandatory.

## Codes List for Precision Skating

Line:	L
Block:	В
Circle:	С
Wheel:	w
Intersection (+ Point of Intersection):	l (+ pi)
Intersection – Creative:	IC
Travelling Wheel:	тw
Travelling Circle:	тс
Pivoting Line:	PL
Pivoting Block:	РВ
No Hold Element (+ Step Sequence):	<b>NH</b> (+ s)
Move Element (+ Free Skating Move):	<b>ME</b> (+ fm)
Creative Element - Lift:	CrL



## FORMULAR FOR TECHNICAL ELEMENTS CONTENT

Group's NAME	
CATEGORY :	
Federation	

PROGRAM	
MUSIC NAME	COMPOSER

## ELEMENTS

#	Element	Element Performed	Notes
	Declared Code	Code (Filled by	
		Technical Panel)	
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			