

WORLD SKATE

Changes in 2021 WADA Code

2021 World Skate Antidoping Rules

Anti-Doping Rule Violations – Result Management

JANUARY 1, 2021

Version 1

Results Management Process

What if I record an Adverse Analytic Finding (AAF) under the 2021 Code – an overview

The process for processing an AAF is stipulated in the World Skate Anti-Doping Rules and the WADA International Standard for Results Management. (see links below for full information)

At the Test

- Make sure you and your representative are well educated about what should and shouldn't happen during the test
- Make sure that you check all the information on the DCF at that you record all medication, including vitamins and supplements you have taken in the last 7 days and that you record any irregularities that occurred during the test e.g. a partial sample wasn't sealed, the DCO handled the sample before it was sealed.
- Make sure you sign the DCF and it's good to have a representative sign it as well
- Make sure you check the sample number matches the number on the box and that all samples are adequately sealed
- If you have any comments on sample collection process, make sure to note them on the DCF

When there is an Adverse Analytic Finding (AAF)

- The result downloads from the lab on ADAMS to world skate results management
- The sample code is matched with the DCF
- ➤ The DCF is reviewed for information recorded about medication and substances used in the last 7 days and any information about irregularities that happened during the test
- There is a check on ADAMS, World Skate files, the athlete's NADO and WADA for any valid Therapeutic Use Exemption (TUE) and any previous ADRV.
- There is a check that the sample was analysed at a WADA accredited laboratory and there are no recorded irregularities during the analysis process.

If there is a Therapeutic Use Exemption (TUE) in place

- ➤ If you are an International athlete as defined in World Skate ADR and there is a valid TUE in place issued or approved by World Skate to explain the AAF results management will check with the lab to ensure the dosage and method of administration is compatible with the levels in the sample. If so the process ends and no adverse findings are recorded
- ➤ If you are not an International athlete as defined by World Skate Anti-Doping Rules and you have a TUE issued by your NADO World Skate will accept this TUE provided it has been approved under rules of International Standard for TUE and no further action will be taken

If neither of the above TUE criteria apply then you will be notified of the AAF and by the results management team and asked for a written explanation with 7 days.

- ➤ If you are taking the prohibited substance to treat a medical condition and are not an International athlete (World Skate Anti-Doping definition) you should apply for a retroactive TUE. All criteria to qualify for an "in advance" TUE apply to retroactive TUES. You should have
 - A medical file ready to present
 - o Recorded the medication on the DCF
- If you are an International Athlete (World Skate Anti-Doping definition) you should have
 - Applied for and had approved an "in advance" TUE before taking a prohibited substance or using a prohibited method.
 - Notified WSK if you have a TUE issued by your NADO. TUEs issue by some NADOs are automatically recognised by WSK.
 NADO TUEs Automatically Recognized by World Skate 2021
 - WSK will accept TUEs from other NADOs provided they have been approved in accordance with <u>International Standard for Therapeutic Use Exemption</u> (ISTUE)

However

- Any athlete may apply for a retroactive TUE but must meet all the criteria for an "in advance" TUE if any of the following circumstances apply
 - o Emergency or urgent treatment was necessary
 - There was insufficient time, opportunity or other exceptional circumstances preventing the athlete from submitting an application for a TUE prior to sample collection
 - There were circumstance preventing the TUEC from considering the application prior to sample collection
 - Due to National level prioritisation of certain sports the athlete's NADO did not permit or require the athlete to apply for a prospective TUE
 - If WSK chooses to collect a Sample from athletes who are neither International level or National level athlete, and that athlete is using a prohibited medication or method for therapeutic reasons, WSK will permit the athlete to apply for a retroactive TUE
 - Athlete used a substance that is only prohibited in competition, out of competition

All of these situations will be treated on their individual merits

Retroactive TUE in the Interest of Fairness

If an International level athlete can provide definite proof that he/she is using a prohibited substance to treat a medical condition it may be possible for WSK to approve a retroactive TUE on the basis of fairness but this requires WADA approval. This should happen rarely and there is significant risk the TUE will not be granted

➤ WADA may approve or decline the application for a retroactive TUE at its absolute discretion.

Suspension & Provision Suspension

- ➤ The <u>WADA Prohibited List</u> lists substances prohibited at all times or in competition only
- Substances are further separated into specified and non-specified substances
- Specified substances included substances that can be found in over-the-counter medications and are commonly used by the community
- Non specified substances are substances that are more likely to be used by athletes to dope
- For non specified substances Provisional Suspension must be applied
 - Athlete has the right to both expedited hearing and to appeal if provisional suspension is imposed
- For specified substances provision suspension is optional
 - Must be activated by the athlete or other person within 20 days of notification (letter of charge)

Supplement Use – Athletes all levels

- ➤ Please refer to document on supplement use. Dangers of Supplement Use 2021
- ➤ If you are claiming the AAF was because of a contaminated supplement some points to consider
 - You should have recorded the supplement on the DCF
 - You should be able to provide the supplement. It is recommended that athletes keep supplements that they have been using with their bottles or packaging and the batch number.
 - You have to prove you weren't using the supplement for performance enhancement
 - You need to prove that you have researched the product for prohibited substances – 20% of supplements contain prohibited substance both declared and not
 - Researched the product on google or similar
 - Researched on webpages and apps provided for the purpose including independent "batch testing" companies. These companies couldn't give a guarantee that the product is free from prohibited substances but the risk is very much reduced. Some examples are
 - NSF International Certified for Sport
 - HASTA supplement checking
 - Informed Sport
 - Some more useful information
 - USADA supplement guide
 - Sport Integrity Australia Supplements in Sport
 - Sport Integrity Australia Clean Sport Mobile app from apple stores or google play
 - Globaldro does not contain advice re supplements or naturopathic products

- As detection of very small amounts of prohibited substances are now possible WADA is working to provide threshold levels for substances likely to be contaminants and in quantities unlikely to enhance sporting performance
- World Skate best advice is "don't use unregulated supplements".

Food Contamination – Clenbuterol

- We are aware that clenbuterol is a contaminant of meat in some countries including
 - o China, Mexico, Guatemala
- You have to be in one of these countries when the test was done or shortly before the test was done.
- > A food diary is helpful
- Recorded level has to be compatible with food contamination

If the results management team is not satisfied with your explanation, after the investigation process, you will receive a letter of charge which will contain details of the test, offer of B sample analysis, possible sanctions, options to reduce sanctions and right to a fair hearing.

B sample analysis

- You will be offered B sample analysis
 - You can accept or decline
 - o If you accept analysis must be done at the same lab as the A sample
 - Analysis will be at your cost
 - You and your representative may attend
 - If you don't attend an independent observer is appointed
 - o In over 99% of cases B confirms A sample result
 - If B is negative then case is dropped
 - Not accepting the B sample analysis doesn't count against you

Options from here

- In cases where the sanction is at least 4 years you may choose to accept the charge and sanction within 20 days of charge and receive 1 year reduction in the sanction
- In addition to accepting the charge within 20 days you may provide substantial assistance as part of a case resolution agreement for reduction in sanction of up to ½. WADA must approve this
- You may progress to a hearing by an independent panel
- ➤ Hearing must be conducted by an independent hearing panel. World Skate will be referring all hearing to the anti-doping department of CAS
- You will be informed of the hearing panel and given opportunity to dispute members

Substances of Abuse

- ➤ WADA have added a category for substances of abuse eg cannaboids (THC), cocaine, diamorphine (heroine) methylenedioxymethamphetamine ((MDMA ecstasy)
 - o If the athlete can demonstrate that the substance was used out of competition
 - Was used for social rather than performance enhancing purposes

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Then the sanction is three months and can be reduced to one month if the athlete undertakes an approved education and rehabilitation course for substance abuse

Best regards

Dr Patricia Wallace

World Skate Doping Control

World Skate Antidoping Rules 2021

International Standard for Results Management

World Skate Definition of International Athlete

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