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Athletes Retiring From Competition

This document is to explain the process athletes must follow when they wish to return to competition after notifying World Skate of retirement in accordance with articles 5.7 of the World Skate anti-doping policy (ADP). Article 5.7 is documented below below. If you are unsure about retiring it is suggested that athletes continue to comply with any whereabouts requirements until they are certain of the decision.

5.7 Retired *Athletes* Returning to *Competition*

5.7.1 An *Athlete* in the World Skate *Registered Testing Pool* who has given notice of retirement to World Skate may not resume competing in *International Events* or *National Events* until he/she has given World Skate written notice of his/her intent to resume competing and has made him/herself available for *Testing* for a period of six months before returning to *Competition*, including (if requested) complying with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations. WADA, in consultation with World Skate and the *Athlete's National Anti-Doping Organization*, may grant an exemption to the six-month written notice rule where the strict application of that rule would be manifestly unfair to an *Athlete*. This decision may be appealed under Article 13. Any competitive results obtained in violation of this Article 5.7.1 shall be *Disqualified*.

5.7.2 If an *Athlete* retires from sport while subject to a period of *Ineligibility*, the *Athlete* shall not resume competing in *International Events* or *National Events* until the *Athlete* has given six months prior written notice (or notice equivalent to the period of *Ineligibility* remaining as of the date the *Athlete* retired, if that period was longer than six months) to World Skate and to his/her *National Anti-Doping Organization* of his/her intent to resume competing and has made him/herself available for *Testing* for that notice period, including (if requested) complying with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations.

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