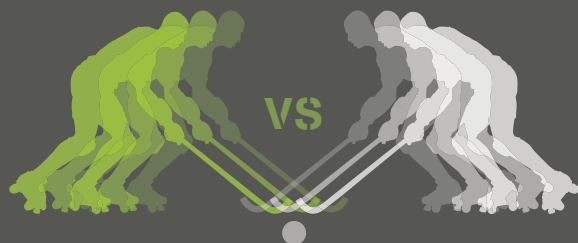




From January  
25<sup>th</sup> To 27<sup>th</sup>



## PROGRAM INTERNACIONAL SEMINAR RINK HOCKEY BARCELONA 2019

### COACHES SPEAKERS

#### JOAO VALENTE

Physical Preparation

*Physical Trainer of Sporting Portugal - Professor of Lisbon  
Lusófona University and Coimbra University*

#### XESCO ESPAR

Planification

*International Coach, Physical Trainer and Sports Trainer*

#### PACO GONZÁLEZ

Technique; The goal in high performance

*Spanish National Team Coach - Goalkeepers*

#### RICARD MUÑOZ

Technical concepts: Defence

*Ex FC Barcelona Coach - OK Liga*

#### NUNO RESENDE

Technical concepts: Counterattack, characteristics  
and definition

*International coach: Wosken Lodi Hockey Club*

#### FERNANDO PUJALTE

Technical concepts: Generalities of the Attack

*International Coach: Sant Just Hockey Club*

#### GIANNI MASSARI

Tactics, Organization and Game Strategy

*Rink Hockey Italian School Director - Italy*

#### JOAQUIM PAÜLS

*Coordinator and moderator*

### REFEREES SPEAKERS

#### SERGI MAYOR

Technical concepts: New Rules of Game

*World Skate International Referee - Spain*

#### FRAN GARCIA

Referee, Judge and Person

*Former International Referee*

#### OSCAR VALVERDE

Technical concepts: New Hockey trends

Update and clarification of the new Rules

*World Skate International Referee - Spain*

#### XAVIER BLEUZEN

Technical concepts: Court positioning and signalling

*World Skate International Referee - France*

#### GUIM TEIXIDÓ

Coaching referee: Psychological preparation

*Sports Coach*

#### EDU ROMERO

Physical preparation, annual maintenance and nutrition

*International Physical Trainer*

*Spanish National Team - Male and Female*

#### JOAQUIM PAÜLS

*Coordinator and moderator*



# PROGRAM

## INTERNACIONAL SEMINAR RINK HOCKEY BARCELONA 2019

### FRIDAY 25TH JANUARY 2019

**15:00 - 16:00** Accreditation  
- INEFC Barcelona:  
Avinguda de l'Estadi, 14 (08038) - Barcelona

#### CONFERENCE ROOM 1 - ALL

**16:00 - 16:30** Opening Ceremony; Coaches and Referees Welcome.  
*Carmelo Paniagua, Chairman World Skate Rink Hockey Technical Commission*

**16:30 - 17:30** WRG Barcelona 2019 Presentation.  
*Francesc Gil, Responsible Rink Hockey WRG Barcelona 2019*

#### CONFERENCE ROOM 1 - COACHES

**18:00 - 19:30** Specific physical training preparation for Rink. Pre-Competition, During and Post.  
*Joao Valente*

**19:30 - 20:00** Reflections and Questions.

#### CONFERENCE ROOM 2 - REFEREES

**18:00 - 19:30** Planning. Development of the objectives and approach of the congress.  
*Sergi Mayor and Oscar Valverde*

**19:30 - 20:00** Reflections and Questions.

**END OF ACTIVITIES**

### SATURDAY 26TH JANUARY 2019

#### CONFERENCE ROOM 1 - COACHES

**09:00 - 11:00** Applied technique: The goal in high performance.  
*Paco González*

#### CONFERENCE ROOM 2 - REFEREES

**09:00 - 11:00** Official Game Regulation. Update and review of the new modifications of the Regulation.  
*Fran Garcia*

#### CONFERENCE ROOM 1 - COACHES

**11:30 - 13:30** Planning/Programming.  
*Xesco Espar*

#### CONFERENCE ROOM 2 - REFEREES

**11:30 - 13:30** New Game Regulations.  
*Oscar Valverde and Sergi Mayor*  
Viewing videos and specific plays and their application. *Oscar Valverde*

**LUNCH - INEFC BARCELONA RESTAURANT**

#### CONFERENCE ROOM 1 - COACHES

**16:00 - 18:00** Counterattack, characteristics and definition.  
*Nuno Resende*

**18:00 - 20:00** Offensive game. Types of auction and execution.  
*Fernando Pujalte*

#### CONFERENCE ROOM 2 - REFEREES

**16:00 - 17:30** Update and Clarification of the new Rules.  
*Xavier Bleuzen and Oscar Valverde*

**17:30 - 20:00** Positioning and Signalling. Practical in the court. *Xavier Bleuzen and Sergi Mayor*

**END OF ACTIVITIES**

### SUNDAY 27TH JANUARY 2019

#### CONFERENCE ROOM 1 - COACHES

**09:00 - 10:00** Tactics, Organization and Game Strategy.  
*Gianni Masari*

**10:00 - 12:00** Defensive game: development and characteristics.  
*Ricard Muñoz*

#### CONFERENCE ROOM 2 - REFEREES

**09:00 - 10:30** Referee Coaching and Psychological Preparation.  
*Guim Teixidó*

**10:30 - 11:30** Specific preparation of physical training for referees.  
*Edu Romero*

#### CONFERENCE ROOM 1 - COACHES

**11:45 - 12:45** Round table with international representatives from each continent: Reality of Rink Hockey in each continent.  
*Moderated by Quim Paüls*

#### CONFERENCE ROOM 2 - REFEREES

**11:45 - 12:45** Practical in the court.  
*Edu Romero*

#### CONFERENCE ROOM 1 - ALL

**13:00 - 13:30** Closing ceremony of the International Seminar.  
*Carmelo Paniagua, Chairman World Skate Rink Hockey Technical Commission*

**DEPARTURE**