

SCHEDULE

CONTINENTAL CHAMPIONSHIP 2019

RUSSIA - NYZHNY NOVGOROD

Updated on October 2nd



EVENT SCHEDULE		
Day	Time	PRACTICE
TUESDAY Oct. 8	08:30 - 18:00	Registration and Check in
	09:00 - 10:20	Men Practice Group 1
	10:30 - 11:50	Women Practice Group 1
	12:00 - 13:20	Men Practice Group 2
	13:30 - 14:50	Women Practice Group 2
	15:00 - 16:20	Men Practice Group 3
	16:30 - 17:50	Women Practice Group 3
	18:00 - 19:20	Men Practice Group 4
	19:30 - 20:00	Women Seeded Only Practice
	20:10 - 20:40	Men Seeded Only Practice
Day	Time	PRACTICE
WEDNESDAY Oct 9	08:30 - 18:00	Registration and Check in
	09:00 - 10:20	Women Practice Group 2
	10:30 - 11:50	Men Practice Group 3
	12:00 - 13:20	Women Practice Group 3
	13:30 - 14:50	Men Practice Group 4
	15:00 - 16:20	Women Practice Group 1
	16:30 - 17:50	Men Practice Group 2
	18:00 - 19:20	Men Practice Group 1
	19:30 - 20:00	Women Seeded Only Practice
	20:10 - 20:40	Men Seeded Only Practice
Day	Time	OPEN QUALIFIER
THURSDAY Oct. 10	08:30 - 15:00	Registration for Seeded Riders and Check In
	09:00 - 10:20	Open Practice MEN
	10:30 - 11:50	Open Practice WOMEN
	12:00 - 12:30	Practice MEN PART 1
	12:40 - 13:20	MEN OPEN QUALIFIER PART 1
	13:30 - 14:00	Practice MEN PART 2
	14:10 - 14:50	MEN OPEN QUALIFIER PART 2
	15:00 - 15:30	Practice MEN PART 3
	15:40 - 16:20	MEN OPEN QUALIFIER Part 3
	16:30 - 17:10	Practice WOMEN - all Heats
	17:20 - 18:10	WOMEN OPEN QUALIFIER
	18:30 - 19:30	Practice MEN Seeded
	19:40 - 20:40	Practice WOMEN Seeded

EVENT SCHEDULE		
Day	Time	SEMIFINAL
FRIDAY Oct. 11	09:00 - 15:00	Check in for Semifinal Runs
	09:20 - 10:00	Women Practice Heat 1 and 2
	10:10 - 10:50	Women SEMIFINAL Heat 1
	11:00 - 11:10	Warm up Women Heat 2
	11:20 - 12:00	Women SEMIFINAL Heat 2
	12:10 - 12:50	Women Practice Heat 3 and 4
	13:00 - 13:40	Women SEMIFINAL Heat 3
	13:50 - 14:00	Warm up Women Heat 4
	14:10 - 14:50	Women SEMIFINAL Heat 4
	15:00 - 15:40	Men Practice Heat 1 and 2
	15:50 - 16:30	Men SEMIFINAL Heat 1
	16:40 - 16:50	Warm Up Heat 2
	17:00 - 17:40	Men SEMIFINAL Heat 2
	17:50 - 18:30	Men Practice Heat 3 and 4
	18:40 - 19:20	Men SEMIFINAL Heat 3
	19:30 - 19:40	Warm Up Heat 4
	19:50 - 20:30	Men SEMIFINAL Heat 4
Day	Time	FINAL
SATURDAY Oct. 12	09:00 - 13:00	Check in of Riders for Final
	09:20 - 11:00	Open Practice All Genders
	11:10 - 12:10	Women FINAL practice
	12:20 - 13:20	WOMEN FINAL
	13:30 - 14:30	Men FINAL practice
	14:40 - 15:40	MEN FINAL
	15:50 - 16:20	AWARD CEREMONY

*Note: Schedule is subject to potential changes due to weather conditions or unforeseen situations