

8 AUGUST	
10:00:00	Doors Open
10:30:00	Training Precision
12:10:00	Training Junior Dance Couples
13:20:00	Training Senior Dance Couples
14:30:00	Training Junior Ladies Solo
15:40:00	Training Junior Mens Solo
16:50:00	Training Senior Mens Solo
18:00:00	Break 60 mins
19:00:00	COMPETITION PRECISION
19:55:00	End of session

9 AUGUST	
9:00:00	Doors Open
9:30:00	Training Cadet Ladies
10:40:00	Training Cadet Mens
11:50:00	Training Youth Ladies
13:00:00	Training Youth Mens
14:10:00	Break 30 mins
14:40:00	COMPETITION JUNIOR DANCE COUPLES STYLE DANCE
15:25:00	COMPETITION SENIOR DANCE COUPLES STYLE DANCE
16:45:00	Break 15 mins
17:00:00	COMPETITION JUNIOR LADIES SOLO STYLE DANCE
18:15:00	COMPETITION JUNIOR MENS SOLO STYLE DANCE
19:30:00	COMPETITION SENIOR MENS SOLO STYLE DANCE
20:45:00	End of session

10 AUGUST	
9:00:00	Doors Open
9:30:00	COMPETITION CADET LADIES SHORT PROGRAM
10:40:00	COMPETITION CADET MENS SHORT PROGRAM
11:50:00	Break 15 mins
12:05:00	COMPETITION YOUTH LADIES SHORT PROGRAM
13:15:00	COMPETITION YOUTH MENS SHORT PROGRAM
14:25:00	Break 15 mins
14:40:00	COMPETITION JUNIOR LADIES SOLO FREEDANCE
16:05:00	COMPETITION JUNIOR MENS SOLO FREEDANCE
17:30:00	COMPETITION SENIOR MENS SOLO FREEDANCE
18:55:00	COMPETITION JUNIOR DANCE COUPLES FREEDANCE
19:50:00	COMPETITION SENIOR DANCE COUPLES FREEDANCE
21:30:00	AWARD CEREMONY 30 Mins

22:00:00	End of session
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11 AUGUST	
8:00:00	Doors Open
8:30:00	Training Junior Pairs
9:40:00	Training Senior Pairs
10:50:00	Training Junior Ladies
12:00:00	Training Junior Mens
13:10:00	Training Senior Ladies
14:20:00	Training Senior Mens
15:30:00	Training Senior Ladies
16:40:00	COMPETITION CADET LADIES LONG
18:05:00	COMPETITION CADET MENS LONG
19:30:00	COMPETITION YOUTH LADIES LONG
21:00:00	COMPETITION YOUTH MENS LONG
22:30:00	AWARD CEREMONY 30 Mins
23:00:00	End of session

12 AUGUST	
8:00:00	Doors Open
8:30:00	Training Quartets Senior
9:45:00	Training Large Show
11:25:00	Training Small Show
12:40:00	Break 15 mins
12:55:00	COMPETITION JUNIOR PAIRS SHORT PROGRAM
13:40:00	COMPETITION SENIOR PAIRS SHORT PROGRAM
14:25:00	COMPETITION JUNIOR LADIES SHORT PROGRAM
15:45:00	COMPETITION JUNIOR MENS SHORT PROGRAM
17:00:00	COMPETITION SENIOR LADIES SHORT PROGRAM
18:20:00	COMPETITION SENIOR MENS SHORT PROGRAM
19:40:00	COMPETITION SENIOR LADIES SOLO STYLE DANCE
21:00:00	COMPETITION QUARTETS SENIOR
21:35:00	COMPETITION SMALL SHOW
22:20:00	COMPETITION LARGE SHOW
23:05:00	AWARD CEREMONY 45 Mins
23:50:00	End of session

13 AUGUST	
8:20:00	Doors Open
8:50:00	COMPETITION JUNIOR PAIRS LONG PROGRAM

9:50:00	COMPETITION SENIOR PAIRS LONG PROGRAM
10:50:00	COMPETITION JUNIOR LADIES LONG
12:40:00	COMPETITION JUNIOR MENS LONG
14:15:00	COMPETITION SENIOR LADIES LONG
16:00:00	COMPETITION SENIOR MENS LONG
17:45:00	COMPETITION SENIOR LADIES SOLO FREEDANCE
19:15:00	AWARD CEREMONY 45 Mins
20:00:00	GALA
22:00:00	End of session

ALL THE CATEGORIES HAVE JUST ONE TRAINING.

CADET, YOUTH, JUNIOR AND SENIOR FREESKATING AND JUNIOR AND SENIOR PAIRS CAN CHOOSE TO SKATE LONG PROGRAM OR SHORT PROGRAM WITH THE MUSIC.

JUNIOR AND SENIOR SOLO DANCE AND COUPLE DANCE CAN CHOOSE TO SKATE STYLE DANCE OR FREE DANCE WITH MUSIC.