

**SKATEBOARDING**

**Return to Skating Guidelines**



# SECURING A SAFE RETURN TO SKATEBOARDING AFTER COVID-19

With many governments relaxing quarantine measures around the globe, World Skate would like to provide information on returning to skateboarding in the safest way possible following the COVID-19 outbreak. These guidelines have been created following best practice recommendations from a variety of sources. We expect that there will be variations around the world, **all local public health requirements MUST be observed.**

Our main goals are to:

1. Preserve Public Health
2. Keep Skateboarding Communities Safe

World Skate aims these suggested guidelines for maintaining health and safety while skateboarding and advice for the following:

- A. Indoor and Outdoor Skateparks
- B. Skatepark staff, visitors, and skateboarders

## SKATEBOARDING GUIDELINES:

### INDOOR SKATEPARKS

What should skateparks consider before re-opening:

#### VENUE:

1. **CREATE A VENUE AND SKATEPARK SESSION SCHEDULE** that limits the number of visitors and users permitted at one time.
2. **DAILY EXTENSIVE CLEANING AND DISINFECTION** of the whole skatepark and surrounding venue.
3. Provide multiple **ONE DIRECTION ENTRANCE AND EXIT POINTS** to the venue with doors/gates remaining open to minimize manual contact.
4. By using marks on the ground, maintain a distance of **TWO-METER's BETWEEN PEOPLE QUEUING TO ENTER.**
5. Display visible written or visual **INSTRUCTIONS ABOUT HANDWASHING** and hygiene by all entrances, exits, sinks, on the sides of the skatepark, and in the venue.
6. **COVID-19 RULES OF USE** in the venue and skatepark should be well displayed and visible to all visitors during opening hours.

7. **NO ENTRY WITHOUT PRIOR RESERVATION.** Online or phone pre-booking of all sessions to secure safe payment methods and maintain venue capacity limits. Prefer and encourage contactless or online pre-payment only. No cash allowed, if possible.
8. **REGISTRATION OF VISITORS** with full names and contact details. Creating this register will help health authorities identify and track any potential carriers of COVID-19.
9. **IF REQUIRED BY LAW, PROVIDE TEMPERATURE CHECKS UPON ENTRY.**
10. **PROVIDE SANITIZING STATIONS** by entrances, exits, in the skatepark, and in the venue area.
11. **NO OPEN TOILETS!** Toilets must be locked and for emergency use only.
12. **NO FOOD OR BEVERAGES SHOULD BE SOLD** in the venue areas.
13. **NO RENTAL EQUIPMENT.**
14. **NO GROUP GATHERINGS OR CONGREGATING ALLOWED** within venue areas.

#### **SKATEPARK SESSION GUIDELINE:**

1. **DECREASE THE TOTAL NUMBER OF DAILY SESSIONS** as much as possible during opening hours.
2. **INCLUDE TIME FOR session PARTICIPANTS TO LEAVE** in between each session.
3. **SET THE MAXIMUM NUMBER OF PARTICIPANTS IN ONE SESSION** based on size of the skateboarding area and maintaining the "2-meter distance" safety regulation.
4. **DO NOT ALLOW ANY SOCIAL GATHERINGS, COMPETITIONS, OR EVENTS** in the venue or skatepark area.
5. **LIMIT THE NUMBER OF PARTICIPANTS IN GROUP COACHING SESSIONS.** The number of participants should be adjusted in order to guarantee safe distancing as above. If possible, coaching and teaching techniques should favor contactless interactions between the coach and participants.
6. **OPERATE ONE-SPORT SESSIONS:** One sport per session is safer. Have only skateboarding sessions, or only bmx sessions etc...

#### **VENUE STAFF:**

1. Must be equipped with PPE throughout opening hours, as prescribed by local and domestic public authorities.
2. Minimize open face-to-face contact between skateboarders.
3. Create an emergency services strategy for potential injury treatments.
4. Ensure that a comprehensive Risk Assessment is carried out and recorded.

5. Regularly remind and encourage all venue and skatepark users to wash hands and follow hygiene regulations. You can find WHO's poster about how to sanitize hands [here](#).
6. Arrange precautions to minimize direct contact with venue visitors and skateparks users.
7. Disinfect the skatepark area after every day of operation.
8. Upon arrival, ask visitors and skateboarders about their current state of health and if they have any COVID-19/flu-like symptoms and/or a fever. If they have symptoms, ask them to leave immediately.
9. Ensure skateboarders wear safety equipment to reduce the risk of injury. Encourage skateboarders to be careful when skateboarding and to skate within their limits.
10. Discourage the use of cameras and video equipment.
11. **DO NOT ALLOW ANY SPECTATORS.** Only people taking part in the activity of skateboarding and one parent or legal guardian for a minor should be in attendance at the skatepark or in the venue.

### **VISITORS AND SKATEBOARDERS:**

1. Should not share mobile devices to capture video or photos.
2. Should remain 2 meters apart at all times.
3. Should not travel long distances to use skateboarding or training facilities.

## **OUTDOOR SKATEPARKS**

Considerations for re-opening outdoor skateparks:

1. **CREATE A VENUE AND SKATEPARK SESSION SCHEDULE** that limits the number of visitors and users permitted at one time.
2. **COVID-19 RULES OF USE** in the skatepark are well displayed, visible, and communicated to all visitors during opening hours.
3. Provide **ONE DIRECTION ENTRANCE AND EXIT POINTS** to the skatepark (if possible).
4. **NO SALES OF FOOD OR BEVERAGES.**
5. **NO EQUIPMENT RENTAL.**
6. **NO GROUP GATHERINGS**
7. Create **ARRANGEMENTS TO MINIMIZE CONTACT BETWEEN SKATEPARK USERS AND STAFF.**
8. **PROVIDE SKATEPARK STAFF WITH PPE** during opening hours as required by local and domestic authorities

## 9. IF REQUIRED BY LAW, PROVIDE TEMPERATURE CHECKS UPON ENTRY.

### CONSIDERATIONS FOR SKATEBOARDERS:

#### FOLLOW THESE GENERAL COVID-19 INSTRUCTIONS ON PERSONAL HEALTH:

- a) Make sure that you are healthy, do not have a fever and are not showing any COVID-19/flu-like symptoms.
- b) Report to health authorities and stay at home if you have been exposed to someone with COVID-19 in the last fourteen days.
- c) Stay at home if you have been traveling outside of your country or overseas in the last fourteen days.

#### FOLLOW THESE GENERAL COVID-19 HYGIENE RULES:

- a) Before leaving your home or other location, wash your hands with soap and water.
- b) Use hand sanitizer if soap and water are not available.
- c) Always clean all your equipment, helmet, pads, and other safety gear.
- d) Clean your mobile and other electronic devices.

#### WHEN GOING TO THE SKATEPARK:

- a) Bring your own food and bottled water.
- b) Limit your belongings when going skateboarding.
- c) Wear safety gear to help reduce the risk of injury.
- d) Travel to skateboarding locations on your own. Avoid shared or public transportation when possible.
- e) Arrive on time for your session. Avoid time in queues by being too early.
- f) Avoid touching non-essential surfaces.
- g) Use of PPE as prescribed by local public authorities.

#### WHEN SKATEBOARDING:

1. Maintain two meters or six feet apart from other skateboarders while skateboarding at all times.
2. Do not make physical contact with other skateboarders. No hugs, no fist-bumps or hi-fives.
3. Try to skate on your own as much as possible.

4. Avoid touching non-essential surfaces of the skatepark (rails, stairs, seats, etc.)
5. Do not share your skateboard, towels, or safety equipment with other visitors.
6. Do not share mobile devices.
7. Do not share food or drinks. Eat outside of the skatepark/venue area.
8. Do not allow anyone else to touch or pick up your skateboard or safety equipment.
9. Do not pick up anyone else's skateboard or safety equipment.
10. Avoid filming or photographing skateboarding.
11. Avoid social activities or gatherings in the skatepark.
12. Wash your hands promptly if you have handled your eyes, nose, or mouth.

#### **AFTER YOUR SKATEBOARDING SESSION**

1. Do not gather or rest in groups with other visitors in the skatepark or venue area.
2. Collect all your equipment (skateboard, helmet, protective gear, etc.) and clean it.
3. Wash your hands with soap and water after your session and equipment cleaning. Use hand sanitizer if soap and water are not available.
4. Leave the skatepark as soon as reasonably possible.

[Annex 1: How to hand wash - poster](#)

[Annex 2: Respiratory Hygiene - poster](#)