# **OLYMPIC SKATEBOARDING** WORLD SKATE **COACH EDUCATION ACCREDITATION SYSTEM 2024-28**

# **LEARNING CURRICULUM**

Defining the minimum standards of what it is that coaches should have the opportunity to learn as a result of any formal Olympic skateboarding coach education, that enables them to progress along a development continuum

# **GRASSROOTS**

Able to work with skaters looking to start their sporting journey

**OUR LEVELS** 



#### **Technical**

- Start up skills; equipment set up; skate history **Tactical**
- Skate park etiquette; navigating skate environment

#### **Psychology and Wellbeing**

 Skills to support fun; building trust and persistence

#### **Physical and Sport Science**

· Warm up and cool downs; good hydration and fuel

#### **Environment**

· Ensuring inclusion, challenge, safety and creativity

# **Planning and Management**

 Session plans; managing small groups; being adaptable

#### **Communication and Relation**

 Respectful communication; aware bio/psych/social

#### Safeguarding

· OHS; child protection; first aid; code conduct

#### 2. PARTICIPATION

Able to work with skaters looking to build their skills and involvement in the sport

#### **Technical**

- Easy dual discipline skills; tumbling skills; video **Tactical**
- Competition formats; judging criteria; navigating core industry

#### **Psychology and Wellbeing**

• Growth and shifting mindset; role of coach in wellbeing

## **Physical and Sport Science**

 Physical link to skill; growth; recovery; modalities

#### Environment

 Personality traits; group dynamics; exploring environments

# **Planning and Management**

 Annual plans; goal setting; working in teams; small trips

### **Communication and Relation**

Types feedback; aware emotions; psychological safety

## Safeguarding

• Concussion; vulnerable adults

### 3. DEVELOPMENT

Able to work with skaters that have high competitive aspirations



#### Technical

- Split stream; advanced skills; code execution **Tactical**
- Split stream; profiling; optimising scoring

# **Psychology and Wellbeing**

 Sport psychology, burnout; supporting transitions

### **Physical and Sport Science**

 On/off board testing; biomechanics; physiology

#### **Environment**

• Team building; impact of people/places on dynamics

# **Planning and Management**

• OG cycle; leadership, HP camp, program reviews

#### **Communication and Relation**

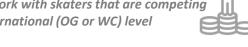
 Managing emotions, conflict; audience adjustment

# Safeguarding

Anti-doping; data protection

# 4. ELITE PERFORMANCE

Able to work with skaters that are competing at an international (OG or WC) level



 Split stream; most advanced skills; pushing boundaries

#### **Tactical**

**Technical** 

Split stream; competition coding, analytics and data use

# **Psychology and Wellbeing**

 Performing on biggest stage; late career transitions

# **Physical and Sport Science**

· Peaking, tapering and aligned plan and prescription

#### Environment

Performance centre design and development

# **Planning and Management**

Campaign and succession plans; influential and inspiring leadership

#### Communication and Relation

 Whole sport stakeholder reports; developmental coaching

#### Safeguarding

• Maintenance of all previous

PRACTICAL

**EXP** 

PRACTICAL