

## SHORT PROGRAM ESPOIR - FREE SKATING

### REFEREE CONTROL SHEETS

ELEMENTS	PENALTIES AND TASK TO BE VERIFIED
<p><b>JUMPS:</b></p> <ul style="list-style-type: none"> <li>• Axel single</li> <li>• One combination jump from 2 to 4 jumps including connecting jumps (only doubles, excluding double Axel).</li> <li>• Solo jump, single or double. Cannot be an Axel</li> <li>• Same jump only once, with the exception of one jump of the skater's choice</li> </ul> <p><b>SPINS:</b></p> <ul style="list-style-type: none"> <li>• One combo spin with maximum 2 positions. Sit spin with a Camel</li> <li>• One position spin, Camel, different to the one in the Combo</li> <li>• Same position spin no more than twice</li> </ul> <p><b>FOOTWORK SEQUENCES:</b></p> <ul style="list-style-type: none"> <li>• One, maximum Level 3. Maximum 30''</li> </ul> <p><b>COMPONENTS</b></p> <ul style="list-style-type: none"> <li>• Maximum 7.0</li> </ul>	<p><b>PENALTIES:</b> 1.0, unless otherwise specified</p> <ul style="list-style-type: none"> <li>• Kneeling or laying on the floor more than once or more than maximum 5 seconds</li> <li>• Costume violation with opinion of judges</li> <li>• Time of the program less than the minimum (0.5 point each 10 secs or part thereof)</li> <li>• The time from the start of the music and the first movement is more than 10 seconds. (0.5 point)</li> <li>• Music with inappropriate or expletive lyrics in any language</li> <li>• Music with spoken word (narration) used more than twice in the program at the beginning and/or for more than the maximum of 10 seconds.</li> <li>• Falls. For each fall after the second the penalty will increase by another 0.5 (1.0, 2.0, 3.5, 5.5, 8.0, etc.)</li> </ul> <p><b>TASKS:</b></p> <ol style="list-style-type: none"> <li>1. Time Control: <ul style="list-style-type: none"> <li>• 2:00' ± 5''</li> </ul> </li> <li>2. Judge as if you are a judge</li> </ol>

Skater Name:									
Ord	Element performed	N°jump	QOE	Components	Elements	Deductions			
1				SS	<u>Jumps</u> Axel Combo (4 jumps) Solo jump  <u>Spins</u> CoSp 2p Sit & Camel Solo Sp Camel  <u>Footwork Sequence</u> Max L3. Max 30''	Penalizations			
2									
3									
4				T					
5									
6									
7				P					
8									
9									
10				CH					
11									
12									

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