

SHORT PROGRAM CADET / YOUTH - FREE SKATING

REFEREE CONTROL SHEETS

ELEMENTS	PENALTIES AND TASKS TO BE VERIFIED
<p>JUMPS:</p> <ul style="list-style-type: none"> • Axel, single, double or triple • One combination from 2 to 4 jumps (including connecting jumps). No more than two (2) triples allowed. There MUST be at least one connecting jump of one rotation for combinations of three (3) or (4) jumps. • Solo jump, single, double, triple. Cannot be an Axel • Same jump only once, with the exception of one jump of the skater's choice <p>SPINS:</p> <ul style="list-style-type: none"> • One position spin • One combo spin maximum 4 positions and include a sit spin • Same position spin no more than twice <p>FOOTWORK SEQUENCES:</p> <ul style="list-style-type: none"> • One footwork sequence <ul style="list-style-type: none"> ○ Youth: maximum level 4, maximum 40'' ○ Cadet: maximum level 3, maximum 30'' <p>COMPONENTS</p> <ul style="list-style-type: none"> • Youth - maximum 8.0 • Cadet - maximum 7.0 	<p>PENALTIES: 1.0, unless otherwise specified</p> <ul style="list-style-type: none"> • Kneeling or laying on the floor more than once or more than maximum 5 seconds • Costume violation with opinion of judges • Time of the program less than the minimum (0.5 point each 10 secs or part thereof) • The time from the start of the music and the first movement is more than 10 seconds. (0.5 point) • Music with inappropriate or expletive lyrics in any language • Music with spoken word (narration) used more than twice in the program at the beginning and/or for more than the maximum of 10 seconds. • Skating outside of the designated competition surface or touching against the barrier during the program (0.5 point). • Entry and Exit the floor not respecting the time allowed (0.5 point). • Falls. For each fall after the second the penalty will increase by another 0.3 (1.0, 2.0, 3.3, 4.9, 6.8, 9.0 etc. <p>TASKS:</p> <ol style="list-style-type: none"> 1. Time Control: <ul style="list-style-type: none"> • 2:30' ± 5'' 2. Judge as if you are a judge

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Ord	Element performed	Nºjump	QOE	Components	Elements	Deductions
1				SS	<div><u>Jumps</u> Axel Combo (4 jumps) Solo jump</div> <div><u>Spins</u> CoSp 4p with Sit Solo Sp</div> <div><u>Footwork Sequence</u> Cadet: max L3, 30'' Youth: max L4, 40''</div>	Penalizations
2						
3						
4				T		
5						
6						
7				P		
8						
9						
10				CH		
11						
12						

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