

## SHORT PROGRAM CADET / YOUTH - FREE SKATING

### REFEREE CONTROL SHEETS

ELEMENTS	PENALTIES AND TASKS TO BE VERIFIED
<p><b>JUMPS:</b></p> <ul style="list-style-type: none"> <li>• Axel - single, double or triple</li> <li>• One combination from <b>2 to 3</b> jumps (including connecting jumps). No more than two (2) triples allowed.</li> <li>• Solo jump - single, double, triple. Cannot be an Axel</li> <li>• Same jump only once, with the exception of one jump of the skater's choice</li> </ul> <p><b>SPINS:</b></p> <ul style="list-style-type: none"> <li>• One position spin</li> <li>• One combo spin, maximum <b>4</b> positions and include a sit spin</li> <li>• Same position spin no more than twice</li> </ul> <p><b>FOOTWORK SEQUENCES:</b></p> <ul style="list-style-type: none"> <li>• One footwork sequence:               <ul style="list-style-type: none"> <li>○ <b>Youth:</b> maximum <b>level 4</b>, maximum <b>40</b> seconds</li> <li>○ <b>Cadet:</b> maximum <b>level 3</b>, maximum <b>30</b> seconds</li> </ul> </li> </ul> <p><b>COMPONENTS</b></p> <ul style="list-style-type: none"> <li>• <b>Youth</b> - Maximum <b>8.0</b></li> <li>• <b>Cadet</b> - Maximum <b>7.0</b></li> </ul>	<p><b>PENALTIES: 1.0</b>, unless otherwise specified</p> <ul style="list-style-type: none"> <li>• Kneeling or laying on the floor more than once or more than maximum 5 seconds</li> <li>• Costume violation with opinion of judges</li> <li>• Time of the program less than the minimum <b>or more than the maximum (0.5 point each 10 secs or part thereof)</b></li> <li>• The time from the start of the music and the first movement is more than 10 seconds (<b>0.5 point</b>)</li> <li>• Music with inappropriate or expletive lyrics in any language</li> <li>• Music with spoken word (narration) used more than twice in the program at the beginning and/or at the end for more than the maximum of 10 seconds.</li> <li>• Skating outside of the designated competition surface or touching against the barrier during the program (<b>0.5 point</b>).</li> <li>• Entry and Exit the floor not respecting the time allowed (<b>0.5 point</b>).</li> <li>• <b>Falls.</b> For each fall after the second the penalty will increase by another 0.5 (1.0, 2.0, 3.5, 5.5, 8.0, etc.)</li> </ul> <p><b>TASKS:</b></p> <ol style="list-style-type: none"> <li>1. Time Control:           <ul style="list-style-type: none"> <li>• <b>2:30' ± 5"</b></li> </ul> </li> <li>2. Judge as if you are a judge</li> </ol>

Skater Name:						
Ord	Element performed	N°jump	QOE	Components	Elements	Deductions
1				SS	<u>Jumps</u> Axel Combo (3 jumps) Solo Jump  <u>Spins</u> CSp 4 posit. with Sit Solo Spin  <u>Footwork Sequence</u> Cadet: max L3, 30" Youth: max L4, 40"	Penalizations
2			T			
3						
4				CH		
5						
6						
7						
8						
9						
10						
11						
12						
						Comments

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