



Junior Ladies

Group 1/left

- 20 Forward Outside Rocker left
- 37 Back Outside Paragraph Double Three right
- 31 Backward Outside Change Loop left
- 40 Forward Outside Paragraph Bracket right

Junior Men

Group 2/left

- 21 Forward Inside Rocker left
- 36 Forward Outside Paragraph Double Three right
- 38 Forward Outside Paragraph Loop left
- 40 Forward Outside Paragraph Bracket right

Senior Ladies

Group 1/left

- 20 Forward Outside Rockers left
- 37 Back Outside Paragraph Double Threes right
- 38 Forward Outside Paragraph Loops left
- 41 Back Outside Paragraph Brackets right

Senior Men

Group 2 /left

- 21 Forward Inside Rockers left
- 36 Forward Outside Paragraph Double Threes right
- 39 Back Outside Paragraph Loops left
- 40 Forward Outside Paragraph Brackets right