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## **EDUCATION PLAN 2021/2022**

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### **WORLD SKATE**

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#### **INTRODUCTION – ANALYSIS OF THE CURRENT SITUATION**

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*World Skate (WSK) is a strong supporter of protecting the spirit of “Clean Sport” from being undermined by use of performance enhancing substances and methods. We believe that ongoing education for all participants including Athletes, Athlete Support Personnel (ASP), Coaches, Medical Personnel, Parents, Administrators and others provides the best opportunity to achieve this objective. The aims of education are to*

- *Protect athlete health*
- *Protect athletes from accidental doping*
- *Create a culture within WSK where doping is not OK*
- *Provide education to athletes on the testing process prior to selection for doping control. No athlete should be selected for testing before he/she has been educated about how testing is done*
- *Provide education and/or guidance on where education can be accessed for all rollersports athletes and participants*
- *Provide education to all ASP and persons who have power and influence over athletes*
- *To protect athletes’ rights to participate in “Clean Sport” unadulterated by any form of cheating*

*WSK education plan focuses on International -level athletes. WSK provides recommendations and educational opportunities for young athletes*

*The objective of 2019-2020 education plan was to ensure that all World Skate participants had a knowledge of anti-doping rules commensurate with their competitive level. This was achieved by creating an obligation that all participants in all WSK disciplines, including Athletes and Athlete Support Personnel (ASP), wishing to register or gain accreditation for a World Skate events must upload a certificate of successful completion of an anti-doping education program provided by ADEL, their NADO or World Skate before their registration could be accepted. This action increased compliance with anti-doping education from less than 50% to close to 100%.*

*Face to face education has been provided to International Skateboarding athletes on basic anti-doping rules, procedure and what happens during an anti-doping test, whereabouts and TUE. WSK have used their own resources and staff and partnered with ABCD, ITA, UKAD and USADA in providing education. Education for other disciplines has been provided via e-learning programs via ALPHA and programs provided by NADO. Additional educational material is available for all participants on WSK webpage.*

*WSK considers the obligation for ASP to complete an education program as especially important and beneficial as ASP support personnel have a big influence on athlete culture, thinking and actions. There is also a considerable imbalance of power between the athlete and the ASP in favour of the ASP.*



*WSK webpage has information on asthma medications, corticosteroids, supplement use, health effects of doping, prohibited list, WSK ADR, presentations on many AD topics and links to WADC, International Standards.*

#### *Young Athletes*

*NFs affiliated to WSK have an obligation recorded in WSK ADRs to work with their NADOs to educate young athletes before they compete in WSK competition. Young athletes must sign a form agreeing to anti-doping and confirming an education program has been completed, counter signed by their parent or guardian if under 18 years old, to nominate for WSK competition*

#### *Budget*

*Budget is largely not determined as most of the education being provided by WSK staff as part of their job description, a volunteer workforce and free e learning platforms. Funding for programs that have been outsourced is in the region of \$5000 USD*

#### *Areas for Improvement*

*Anti-doping education must be more visible*

- o Making WSK webpage easier to navigate. Currently there is a lot of good information posted but never found by athletes and others*
- o More effective publicity of material on webpage and where to find it - email to NFs, Continental Areas and technical Commissions. Index with links on webpage*
- o Implement education via Webinars*
- o Loop presentations and outreach programs at events*
- o Specific topic presentation at events*
- o More communication with athlete commissions for input and feedback on areas for improvement*
- o More effective method of assessment of anti-doping education*

#### *Revise Education Obligations for 2021*

- o In 2021 WSK participants are required to renew their education certificate.*
- o Obligatory education requirements will be more appropriate to needs of particular groups*
- o Education programs at the required levels for the specific groups are encouraged*
- o Participants are encouraged to do additional courses and have as much information as possible about the antidoping process*
- o All participants are encouraged to engage with their NADO and access their education programs*
- o NADO programs have the advantage of being in the language of the participant and give an opportunity to build a relationship with the NADO and its personnel*
- o Athletes, ASP and others will be divided into groups in line with the new ADEL grouping*
- o Coaches must complete a coaching education program*
- o Medical professionals must complete the ADEL course for medical practitioners or equivalent*
- o Anti-doping administrators - ADEL training hub when available*
- o ADEL for parents is highly recommended*

*Post updated information for 2021 WADC will be posted to WSK webpage and updated as necessary includes*

- o 2021 WSK ADR*



- *Overview 2021 Code*
- *Changes in 2021 Code*
- *11 Types of ADRV*
- *Definition of International Athlete*
- *NADOs automatically recognized by WSK (TUE)*
- *Medication permitted for asthma*
- *Corticosteroid use*
- *What if I'm selection for a test*
- *Prohibited List*
- *Supplements*
- *Substances of Abuse*
- *Health and other Dangers of Doping*
- *RTP and TP2*
- *TUE process and application*
- *DCO & BCO manual*
- *Chaperone manual*
- *What happens if I record an ADRV?*
- *Data Protection and Privacy Policy including retention times*
- *Whistleblower Policy*
- *Roles and Responsibilities of athletes, ASP and others*
- *Athlete's Rights Act*
- *Sample retention and reanalysis policy*
- *Host organization guideline for organising tests with WSK as testing Authority*
- *Requirements for setting up Doping Control Station*

*Partners we have used and will continue to use for education and other purposes*

- *ITA for RTP especially*
- *ITA for general advice*
- *COL-NADO*
- *ABCD*
- *UKAD*
- *USADA*
- *SIA*
- *WADA Outreach Program*

*Link to WSK website "Clean Sport" click [here](#)*

*Link to ADEL click [here](#)*



#### **MORE HELPFUL ANTIDOPING RESOURCES**

[www.globaldro.org](http://www.globaldro.org) - The Global Drug Reference Online (Global DRO) provides athletes and support personnel with information about the prohibited status of specific medications based on the current World Anti-Doping Agency (WADA) Prohibited List. If your country flag is not showing, click other and put in the substance name - you will find in on the packet usually under the trade name. Be sure to check all substances in the product

[www.informed-sport.com](http://www.informed-sport.com) - A quality assurance programme for sports nutrition products, suppliers to the sports nutrition industry, and supplement manufacturing facilities.

<https://hasta.org.au/supplement-testing/> - A quality assurance programme for sports nutrition products - checks contents of a batch of the product for prohibited substances

[Sport Integrity Australia](#) - Sport Integrity Australia has an excellent e learning program in English and an app that can be downloaded from the apple store or equivalent android store.

*None of these resources provide a water-tight guarantee that a product is safe, but they do reduce the risk of an anti-doping rule violation. World Skate advises do not use unregulated nutritional supplements!*

*Athletes, National Federations, Confederations, World Skate technical committees and athlete support personnel are responsible for developing their knowledge of anti-doping rules. Athletes who knowingly dope and are caught get their just deserts however it is devastating when an athlete is sanctioned for an anti-doping rule violation that occurs through lack of knowledge*

***Athletes are responsible for anything found in their system and supplements are never 100% safe.***

WADA code and International standards can be downloaded from the WADA web page [www.wada-ama.org](http://www.wada-ama.org)  
World Skate Anti-Doping Policy can be downloaded from the World Skate webpage [www.worldskate.org](http://www.worldskate.org)

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International Athlete for Doping Control Purposes is defined as:

*Within the overall pool of Athletes set out above who are bound by and required to comply with these Anti - Doping Rules, the following Athletes shall be considered International- Level Athletes for the purposes of these Anti - Doping Rules, and, therefore, the specific provisions in these Anti - Doping Rules applicable to International- Level Athletes (e. g., Testing, TUEs, whereabouts, and Results Management) shall apply to such Athletes:*

- (a) Athletes included in World Skate's Registered Testing Pool;*
  - (b) Athletes included in any of World Skate's Testing Pools;*
  - (c) Athletes who compete in any World Skate World Championship in any discipline in the Senior or Open Category;*
  - (d) Athletes who compete in the Senior or Open level at World Cup Events;*
  - (e) Athletes who compete in the Senior or Open level at the World Skate Games;*
  - (f) Athletes who compete in any 5-star or Pro-Tour Event or any skateboarding qualifier events for the Olympic Games or other Major Events, sanctioned, recognized and/or organized by World Skate.*
- Athletes shall not be considered International- Level Athletes if they have not competed in any of the above Events or categories in the current or preceding competition year.*

*Athletes shall not be considered International-Level Athletes if they have not competed in any of the above Events or categories in the current or preceding competition year.*

*Specific Rules in the World Skate antidoping Rules which apply to International Level athletes shall apply to these athletes (e.g., testing, TUEs, whereabouts and results management.*



**Education Program 2021/2022**

Target Group	Plan	Implement	Study Result	Action on Result
International Athlete  And  Athletes competing in Junior World Championship	ADEL for International Athlete  Or  Reciprocal program provided by a NADO	Athletes informed via NFs and Athlete Commissions  Mandatory Completion before registering for first event of the year	Review numbers of athletes completing on ADEL  Or  Communicate with NADOs re list of Rollersports athletes completing their programs  No athlete is tested before education  Spot audit on uploaded certificates to WSK platform  Communicate with DCOs re athlete knowledge, comfort and familiarity with DC process	Amend as necessary  Action against athletes uploading false documents via WSK bylaws
Athletes competing in other WSK events categories	ADEL for National Athletes  Or  Reciprocal program by a NADO	Athlete informed via NF and Athlete commissions  Mandatory Completion before registering for first event of the year	Review numbers of athletes completing on ADEL  Or  Communicate with NADOs re list of	Amend as necessary  Action against athletes uploading false documents via WSK bylaws

			<p>Rollersports athletes completing their programs          No athlete is tested before education          Spot audit on uploaded certificates to WSK platform          Communicate with DCOs re athlete knowledge and comfort with DC process</p>	
National and lower-Level Athletes	NFs obliged to provide AD education for young athletes in collaboration with their NADO	All NFs informed of this obligation	<p>Survey to NFs on AD education provided          No athlete is tested before education</p>	<p>Amend as necessary          Provide contact with NADO representative for NFs have difficulty in implementation</p>
ASP International Athletes	ADEL for elite coaches Or Reciprocal program provided by a NADO	ASP informed via NF Mandatory Completion before registering for first event of the year	<p>Review numbers of ASP completing on ADEL          Or          Communicate with NADOs re list of Rollersports ASP completing their programs          ASP understand the AD and testing process and</p>	<p>Amend as necessary          Action against ASP uploading false documents via WSK bylaws          Survey of elite coaches re useful and suggestions for improvement          Review all information collected</p>

			<p>give appropriate advice to athletes and also behave appropriately in the DCS</p> <p>Communicate with DCOs re athlete and ASP behaviour in DCS</p> <p>Spot audit on uploaded certificates to WSK platform</p>	
ASP lower-level athletes	<p>ADEL for coaches</p> <p>Or</p> <p>Reciprocal program provided by a NADO</p>	<p>ASP informed via NF</p> <p>Mandatory completion before registering for first event of the year</p>	<p>Review numbers of ASP completing on ADEL</p> <p>Or</p> <p>Communicate with NADOs re list of Rollersports ASP completing their programs</p> <p>ASP understand the AD and testing process and give appropriate advice to athletes and also behave appropriately in the DCS</p> <p>Communicate with DCOs re athlete and ASP behaviour in DCS</p>	



			Spot audit on uploaded certificates to WSK platform	
Medical Personnel	ADEL for medical Personnel Or Reciprocal program provided by NADO	Medical Personnel informed via NF Mandatory Completion before registering for first event of the year	Review number of medical personnel collected the program on ADEL Communicate with NADO re numbers completing their program Review reports from DCOs during testing process	Review information collected and amend as necessary
All athletes, ASP and medical Personnel	ADEL guide to prohibited list ADEL athlete guide to changes in 2021 code Reciprocal program provided by NADO Material as listed above on <a href="#">WSK webpage</a> as clean sport and the athlete resources tab	Everyone is informed of the list and changed in the 2021 code Everyone has access to available antidoping education Recommended education	Review uptake on ADEL Consider making obligatory if low uptake Survey via disciplines and athlete commission re usefulness and suggestions for improvement of information provided	Review uptake and consider making obligatory guide to prohibited list obligatory
Parents	ADEL for parents of elite athletes	Recommended	Review uptake on ADEL	Review documentation collected

	Or Reciprocal program form NADO			
ADO (WSK) personnel and staff NF staff involved in antidoping	ADEL for ADO staff Or Reciprocal from NADO	Implement when program available Obligatory for key staff involved in AD and recommended for others	Review uptake on ADEL	Survey re additional education required
Anti-doping Manager and assistant Manager	Attendance at WADA symposium for IF, NADO and Labs	Encourage registration Payment of reasonable expenses	Report on participants re usefulness	Adjust as necessary
TUE Chair and committee if possible	TUE Chairs meeting when available	Encourage participation of as many TUEC members as possible	Report from participants	
Webinars provided by WADA, ITA and IOC	Highest participation by appropriate participants encouraged	Informed by general mailout, athletes commission and to NFs as appropriate`	Monitor uptake and review reports provided	Amend recommended participation groups as appropriate