

10 July 2017

To all participants World Roller Games Nanjing China

**Dear Colleagues** 

I received this notification from the Institute of National Anti-doping Agencies and I am forwarding to you so that you are aware that meat contamination with clembuterol is a potential issue.

This is not a new situation and did not create any trouble at the world speed in 2016

## **IPC Media Release on Meat Contamination**

On the occasion of the World Para Powerlifting and World Para Swimming Championships taking place in Mexico, the IPC released a <u>media statement</u> regarding the risk of clenbuterol contamination in this country. Therein the IPC reminds athletes to be wary about the quality of the meat they consume. More importantly, the IPC recommends athletes to keep a diary of their meals during theur stay. It could be used as evidence in an eventual positive test case.

Athletes are encouraged to keep a detailed dietary journal while travelling to Mexico and China which may be helpful in recalling the details of specific meat ingestion should it be required to assist in results management.

Although illegal, agricultural authorities in Mexico and China have not been able to prevent such practices. Clenbuterol contamination remains to be a relative large risk in these countries. ADOs should remind their athletes that the risk of inadvertently ingesting banned substances varies from country to country.

## Kind regards



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