

TUESDAY 19th SEPTEMBER

7:30:00	Doors Open
8:00:00	Training Junior Ladies Solo Style Dance
10:05:00	Training Junior Men Solo Style Dance
10:55:00	Training Senior Ladies Solo Style Dance
13:00:00	Training Senior Men Solo Style Dance
14:15:00	COMPETITION JUNIOR LADIES SOLO STYLE DANCE
17:20:00	COMPETITION JUNIOR MEN SOLO STYLE DANCE
18:25:00	COMPETITION SENIOR LADIES SOLO STYLE DANCE
21:35:00	COMPETITION SENIOR MEN SOLO STYLE DANCE
23:20:00	End of session

WEDNESDAY 20th SEPTEMBER

7:30:00	Doors Open
8:00:00	Training Junior Ladies Solo Freedance Less Top 10
9:30:00	Training Junior Ladies Solo Freedance Top 10
10:30:00	Training Junior Men Solo Freedance Less Top 5
10:55:00	Training Junior Men Solo Freedance Top 5
11:25:00	Training Senior Ladies Solo Freedance Less Top 10
13:10:00	Training Senior Ladies Solo Freedance Top 10
14:10:00	Training Senior Men Solo Freedance Less Top 10
14:40:00	Training Senior Men Solo Freedance Top 10
15:40:00	COMPETITION JUNIOR LADIES SOLO FREEDANCE LESS TOP 10
17:50:00	COMPETITION JUNIOR MEN SOLO FREEDANCE LESS TOP 5
18:25:00	COMPETITION SENIOR LADIES SOLO FREEDANCE LESS TOP 10
20:40:00	COMPETITION SENIOR MEN SOLO FREEDANCE LESS TOP 10
21:20:00	Training Junior Pairs No Music
22:00:00	Training Senior Pairs No Music
23:00:00	End of session

THURSDAY 21st SEPTEMBER

10:00:00	Doors Open
10:30:00	Training Junior Dance Couples Style Dance
11:45:00	Training Senior Dance Couples Style Dance
13:25:00	Training Junior Pairs Short program

14:15:00	Training Senior Pairs Short program
15:30:00	Break 15 mins
15:45:00	COMPETITION JUNIOR LADIES SOLO FREEDANCE TOP 10
17:05:00	COMPETITION JUNIOR MEN SOLO FREEDANCE TOP 5
17:45:00	COMPETITION SENIOR LADIES SOLO FREEDANCE TOP 10
19:05:00	COMPETITION SENIOR MEN SOLO FREEDANCE TOP 10
20:25:00	AWARD CEREMONY 30 Mins
20:55:00	End of session

FRIDAY 22nd SEPTEMBER

9:00:00	Doors Open
9:30:00	Training InLine Junior Ladies Short program
9:55:00	Training InLine Junior Men Short program
10:20:00	Training InLine Senior Ladies Short program
10:45:00	Training InLine Senior Men Short program
11:10:00	Break 60 mins
12:10:00	COMPETITION JUNIOR DANCE COUPLES STYLE DANCE
13:35:00	COMPETITION SENIOR DANCE COUPLES STYLE DANCE
15:35:00	Break 15 mins
15:50:00	COMPETITION JUNIOR PAIRS SHORT PROGRAM
16:35:00	COMPETITION SENIOR PAIRS SHORT PROGRAM
17:40:00	Break 15 mins
17:55:00	COMPETITION JUNIOR LADIES INLINE SHORT PROGRAM
18:20:00	COMPETITION JUNIOR MEN INLINE SHORT PROGRAM
18:50:00	COMPETITION SENIOR LADIES INLINE SHORT PROGRAM
19:35:00	COMPETITION SENIOR MEN INLINE SHORT PROGRAM
20:05:00	Break 15 mins
20:20:00	OPENING CEREMONY
21:20:00	End of session

SATURDAY 23rd SEPTEMBER

8:00:00	Doors Open
8:30:00	Training Junior Ladies Freeskating No Music
10:30:00	Training Junior Men Freeskating No Music
11:30:00	Training InLine Junior Ladies Long program
11:55:00	Training InLine Junior Men Long program
12:25:00	Training InLine Senior Ladies Long program
13:00:00	Training InLine Senior Men Long program
13:30:00	Training Junior Dance Couples Freedance
14:45:00	Training Senior Dance Couples Freedance
16:25:00	Training Junior Pairs Long Program
17:15:00	Training Senior Pairs Long Program

18:30:00	Break 15 mins
18:45:00	COMPETITION JUNIOR LADIES INLINE LONG PROGRAM
19:20:00	COMPETITION JUNIOR MEN INLINE LONG PROGRAM
20:05:00	Break 15 mins
20:20:00	COMPETITION SENIOR LADIES INLINE LONG PROGRAM
21:20:00	COMPETITION SENIOR MEN INLINE LONG PROGRAM
22:05:00	AWARD CEREMONY 45 Mins
22:50:00	End of session

SUNDAY 24th SEPTEMBER

8:00:00	Doors Open
8:30:00	Training Senior Ladies Freeskating No Music
10:30:00	Training Senior Men Freeskating No Music
11:50:00	Training Junior Ladies Short program
14:20:00	Training Junior Men Short program
15:35:00	COMPETITION JUNIOR DANCE COUPLES FREEDANCE
17:20:00	COMPETITION SENIOR DANCE COUPLES FREEDANCE
19:50:00	COMPETITION JUNIOR PAIRS LONG PROGRAM
20:50:00	COMPETITION SENIOR PAIRS LONG PROGRAM
22:20:00	AWARD CEREMONY 30 Mins
22:50:00	End of session

MONDAY 25th SEPTEMBER

10:00:00	Doors Open
10:30:00	Training Senior Ladies Short program
13:00:00	Training Senior Men Short program
14:40:00	Break 60 mins
15:40:00	COMPETITION JUNIOR LADIES SHORT PROGRAM
19:20:00	COMPETITION JUNIOR MEN SHORT PROGRAM
21:10:00	End of session

TUESDAY 26th SEPTEMBER

8:30:00	Doors Open
9:00:00	Training Junior Ladies Long Less Top Group
11:40:00	Training Junior Ladies Long Top Group
12:50:00	Training Junior Men Long Less Top Group
13:30:00	Training Junior Men Long Top Group
14:40:00	Break 60 mins
15:40:00	COMPETITION SENIOR LADIES SHORT PROGRAM
19:20:00	COMPETITION SENIOR MEN SHORT PROGRAM

21:55:00	End of session
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WEDNESDAY 27th SEPTEMBER	
7:30:00	Doors Open
8:00:00	Training Senior Ladies Long Less Top 10
10:40:00	Training Senior Ladies Long Top 10
11:50:00	Training Senior Men Long Less Top 10
13:20:00	Training Senior Men Long Top 10
14:30:00	COMPETITION JUNIOR LADIES LONG LESS TOP 10
18:15:00	COMPETITION JUNIOR MEN LONG LESS TOP 10
19:15:00	COMPETITION JUNIOR LADIES LONG TOP 10
20:55:00	COMPETITION JUNIOR MEN LONG TOP 10
22:35:00	AWARD CEREMONY 30 Mins
23:05:00	End of session

THURSDAY 28th SEPTEMBER	
10:00:00	Doors Open
10:30:00	COMPETITION SENIOR LADIES LONG LESS TOP 10
14:15:00	COMPETITION SENIOR MEN LONG LESS TOP 10
16:30:00	Break 15 mins
16:45:00	COMPETITION SENIOR LADIES LONG TOP 10
18:25:00	COMPETITION SENIOR MEN LONG TOP 10
20:05:00	AWARD CEREMONY 30 Mins
20:35:00	End of session

FRIDAY 29th SEPTEMBER	
8:00:00	Doors Open
8:30:00	Training Precision Junior
10:50:00	Training Quartets Junior
13:50:00	Training Small Show
17:05:00	Break 15 mins
17:20:00	COMPETITION PRECISION JUNIOR
18:25:00	Break 15 mins
18:40:00	COMPETITION QUARTETS JUNIOR
20:00:00	Break 15 mins
20:15:00	COMPETITION SMALL SHOW
22:10:00	AWARD CEREMONY 45 Mins
22:55:00	End of session

SATURDAY 30th SEPTEMBER

8:00:00	Doors Open
8:30:00	Training Precision
10:10:00	Training Quartets Senior
13:10:00	Training Large Show
16:10:00	Break 15 mins
16:25:00	COMPETITION PRECISION
17:15:00	Break 15 mins
17:30:00	COMPETITION QUARTETS SENIOR
18:50:00	Break 15 mins
19:05:00	COMPETITION LARGE SHOW
20:25:00	AWARD CEREMONY 45 Mins
20:25:00	Closing Ceremony
21:25:00	End of session