

2019



From January
25th To 27th





COACHES SPEAKERS

JOAO VALENTE | Physical Preparation

Physical Trainer of Sporting Portugal - University Professor

XESCO ESPAR | Planification

International Coach, Physical Trainer and Sports Trainer

PACO GONZÁLEZ | Technique; The goal in high performance

Spanish National Team Coach (Goalkeepers)

ALEJANDRO DOMÍNGUEZ | Technical concepts: Defence

Main Spanish National Coach

NUNO RESENDE | Technical concepts: Counterattack, charact. and definition

International coach: Wosken Lodi Hockey Club

FERNANDO PUJALTE | Technical concepts: Generalities of the Attack

International Coach: Sant Just Hockey Club

SERGI MAYOR | Technical concepts: New Rules of Game

World Skate International Referee

GIANNI MASSARI | General Tactics

International Coach - Italy

JOAQUIM PAÜLS

Coordinator and moderator

REFEREES SPEAKERS

SERGI MAYOR | Technical concepts: New Rules of Game

World Skate International Referee - Spain

LUIS REY | Technical concepts: New Rules of Game and General Aspects

World Skate Rink Hockey International Official - Portugal

OSCAR VALVERDE | Technical concepts: New Hockey Trends

World Skate International Referee - Spain

XAVIER BLEUZEN | Technical concepts: Clarifications update regulation

World Skate International Referee - France

GUIM TEIXIDÓ | Sport coaching

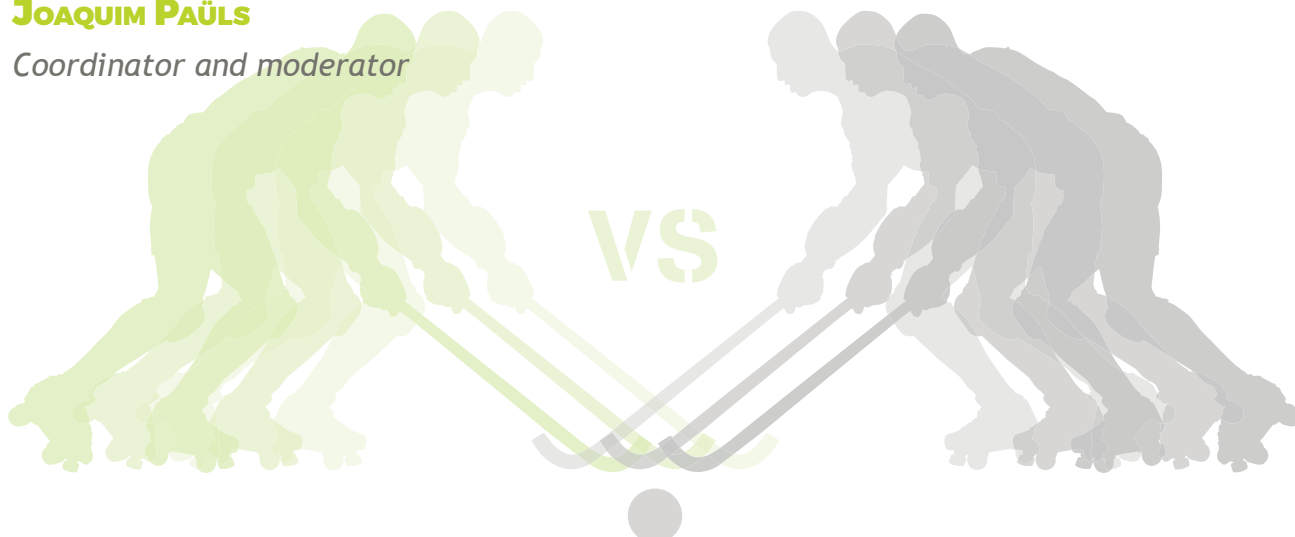
International Coach, Physical Trainer and Sports Trainer

EDU ROMERO | Physical preparation, annual maintenance and nutrition

Main Spanish National Physiotherapist

JOAQUIM PAÜLS

Coordinator and moderator



◦ **PROVISIONAL** ◦
**PROGRAM RINK HOCKEY
INTERNATIONAL SEMINAR**

FRIDAY 25TH JANUARY 2019

10:00 - 13:30 Arrival and Accreditation

14:00 - 15:30 Accreditation

CONFERENCE ROOM 1 - ALL

16:00 - 16:30 Opening Ceremony; Coaches and Referees Welcome

16:30 - 17:30 WRG Barcelona 2019 Presentation

BREAK

CONFERENCE ROOM 1 - COACHES

18:00 - 19:30 Specific physical training preparation for Rink.
Pre-Competition, During and Post. Nutrition

19:30 - 20:00 Round Table discussion

CONFERENCE ROOM 2 - REFEREES

18:30 - 20:00 Planning. Development of the objectives and approach
of the congress.

19:30 - 20:00 Round Table discussion

DINNER

SATURDAY 26TH JANUARY 2019

CONFERENCE ROOM 1 - COACHES

09:00 - 11:00 Applied technique: The goal in high performance. Position, Perspective, Penalties. Face to face

CONFERENCE ROOM 2 - REFEREES

09:00 - 11:00 Official Game Regulation. Update and review of the new modifications of the Regulation

BREAK

CONFERENCE ROOM 1 - COACHES

11:15 - 13:30 Planning/Programming. Psychological and mental preparation to face sports competitions

CONFERENCE ROOM 2 - REFEREES

11:15 - 13:30 Different point of view of the rules. Review and clarifications

LUNCH

CONFERENCE ROOM 1 - COACHES

16:00 - 18:00 Applied technique:
counterattack, characteristics and definition

18:00 - 20:00 Applied technique: General of the Attack.

Types of auction and execution. Offensive game

CONFERENCE ROOM 2 - REFEREES

16:00 - 17:30 Practical and theoretical positioning.
Video viewing part

17:30 - 19:00 Practical and theoretical positioning.
Practical part in the court

DINNER

SUNDAY 27TH JANUARY 2019

CONFERENCE ROOM 1 - COACHES

09:00 - 10:00 Introduction to the new Regulation. Advanced skills set:
goal tending, goal scoring, face off.
Power play and penalty kill

10:00 - 12:00 Applied technique: Defense. Defensive game.
Passive time. Advanced systems. Face Offs.
Situational Play 2 on 1's and 3 on 2's from both
the offensive and defensive side of play

CONFERENCE ROOM 2 - REFEREES

09:00 - 12:00 Planning/Programming.
Psychological and mental preparation to face
sports competitions

BREAK

CONFERENCE ROOM 1 - COACHES

12:15 - 13:00

Round table with international technicians:
Reality of Rink Hockey in my country

CONFERENCE ROOM 2 - REFEREES

12:00 - 13:00

Specific physical training preparation for Referees.
Pre-Competition, During and Post.
Nutrition and annual maintenance.

CONFERENCE ROOM 1 - ALL

13:00 - 13:30

Closing ceremony of the International Seminar

DEPARTURE



INTERNATIONAL SEMINAR

**RINK HOCKEY
BARCELONA
2019**



**WORLD
SKATE**