



INLINE SPEED SKATING

PROGRAM - Track - Front Marítim					
Date	Time	Category	Description/ Distance	Round	
THURSDAY 04 JULY	08:00 - 20:00		Official Training		
FRIDAY 05 JULY	08:00 - 20:00		Official Training		
SATURDAY 06 JULY	08:00 - 20:00		Official Training		
Date	Time	Category	Description/ Distance	Round	
SUNDAY 07 JULY	08:00 - 08:30		Free Track		
	08:45	Junior Women	200m Dual Time Trial	Qualifying	
		Junior Men	200m Dual Time Trial	Qualifying	
		Senior Women	200m Dual Time Trial	Qualifying	
		Senior Men	200m Dual Time Trial	Qualifying	
		Junior Women	10.000m Points + Elimination	Qualifying	
		Junior Men	10.000m Points + Elimination	Qualifying	
		Senior Women	10.000m Elimination	Qualifying	
		Senior Men	10.000m Elimination	Qualifying	
			Break		
	15:00 - 15:45			Free Track	
	16:00 - 16:20	Junior Women	200m Dual Time Trial	Final	
	16:20 - 16:40	Junior Men	200m Dual Time Trial	Final	
	16:40 - 17:00	Senior Women	200m Dual Time Trial	Final	
	17:00 - 17:20	Senior Men	200m Dual Time Trial	Final	
	17:30 - 18:00	Junior Women	10.000m Points + Elimination	Final	
	18:00 - 18:30	Junior Men	10.000m Points + Elimination	Final	
	18:30 - 19:00	Senior Women	10.000m Elimination	Final	
	19:00 - 19:30	Senior Men	10.000m Elimination	Final	
19:30 - 19:45	Junior Women and Men	Award Ceremonies: 10.000m Points/Elimination - 200m Dual Time Trial			
19:45 - 20:00	Senior Women and Men	Award Ceremonies: 10.000m Elimination - 200m Dual Time Trial			

PROGRAM - Track - Front Marítim

Date	Time	Category	Description/ Distance	Round	
MONDAY 08 JULY	08:15 - 08:45		Free Track		
	09:00	Junior Women	500m +D Sprint	Series	
		Junior Men	500m +D Sprint	Series	
		Senior Women	1.000m Sprint	Quarter Final	
		Senior Men	1.000m Sprint	Quarter Final	
		Junior Women	500m +D Sprint	Quarter Final	
		Junior Men	500m +D Sprint	Quarter Final	
		Junior Women	10.000m + Elimination	Qualifying	
		Junior Men	10.000m + Elimination	Qualifying	
		Senior Women	10.000m Points + Elimination	Qualifying	
		Senior Men	10.000m Points + Elimination	Qualifying	
			Break		
	15:15 - 15:45			Free Track	
	16:00 - 16:15	Junior Women	500m +D Sprint	Semifinal	
	16:15 - 16:30	Junior Men	500m +D Sprint	Semifinal	
	16:30 - 16:45	Senior Women	1.000m Sprint	Semifinal	
	16:45 - 17:00	Senior Men	1.000m Sprint	Semifinal	
	17:00 - 17:30	Junior Women	10.000m Elimination	Final	
	17:30 - 18:00	Junior Men	10.000m Elimination	Final	
	18:00 - 18:30	Senior Women	10.000m Points + Elimination	Final	
	18:30 - 19:00	Senior Men	10.000m Points + Elimination	Final	
	19:00 - 19:15	Junior Women and Men	500m +D Sprint	Final	
	19:15 - 19:30	Senior Women and Men	1.000m Sprint	Final	
	19:30 - 19:45		Junior Women and Men	Award Ceremonies: 10.000m Elimination	
				Award Ceremonies: 500m+ D Sprint	
	19:45 - 20:00		Senior Women and Men	Award Ceremonies: 10.000m Points/Elimination	
				Award Ceremonies: 1.000m Sprint	

PROGRAM - Track - Front Marítim

Date	Time	Category	Description/ Distance	Round	
TUESDAY 09 JULY	08:15 - 08:45		Free Track		
	09:00	Senior Women	500m +D Sprint	Series	
		Senior Men	500m +D Sprint	Series	
		Junior Women	1.000m Sprint	Quarter Final	
		Junior Men	1.000m Sprint	Quarter Final	
		Senior Women	500m +D Sprint	Quarter Final	
		Senior Men	500m +D Sprint	Quarter Final	
		Junior Women	3.000m Relays	Qualifying	
		Junior Men	3.000m Relays	Qualifying	
		Senior Women	3.000m Relays	Qualifying	
		Senior Men	3.000m Relays	Qualifying	
			Break		
	15:15 - 15:45			Free Track	
	16:00 - 16:15	Senior Women and Men	500m +D Sprint	Semifinal	
	16:15 - 16:30	Junior Women and Men	1.000m Sprint	Semifinal	
	16:45 - 17:00	Senior Women and Men	500m +D Sprint	Final	
	17:00 - 17:15	Junior Women and Men	1.000m Sprint	Final	
	17:15 - 17:30	Senior Women and Men	Award Ceremonies: 500m +D Sprint		
	17:30 - 17:45	Junior Women and Men	Award Ceremonies: 1.000m Sprint		
	18:15 - 18:30	Junior Women	3.000m Relays	Final	
	18:30 - 19:00	Junior Men	3.000m Relays	Final	
	19:00 - 19:15	Senior Women	3.000m Relays	Final	
	19:15 - 19:30	Senior Men	3.000m Relays	Final	
	19:30 - 19:45	Junior Women and Men	Award Ceremonies: 3.000m Relays		
	19:45 - 20:00	Senior Women and Men	Award Ceremonies: 3.000 m Relays		
	20:00 - 20:15			Track Closed	

PROGRAM - Road - Front Marítim				
Date	Time	Category	Description/ Distance	Round
WEDNESDAY 10 JULY	08:30 - 21:30		Official Training	
Date	Time	Category	Description/ Distance	Round
THURSDAY 11 JULY	08:15 - 08:45		Free Road	
	09:00	Senior Women	1 Lap Sprint	Series
		Senior Men	1 Lap Sprint	Series
		Senior Women	1 Lap Sprint	Quarter Final
		Senior Men	1 Lap Sprint	Quarter Final
		Junior Women	15.000m Elimination	Qualifying
		Junior Men	15.000m Elimination	Qualifying
		Senior Women	10.000m Points	Qualifying
		Senior Men	10.000m Points	Qualifying
	14:00 - 16:15		Break	
	16:15 - 16:45		Free Road	
	17:00 - 17:15	Senior Women	1 Lap Sprint	Semi Final
	17:15 - 17:30	Senior Men	1 Lap Sprint	Semi Final
	17:30 - 18:15	Junior Women	15.000m Elimination	Final
	18:15 - 19:00	Junior Men	15.000m Elimination	Final
	19:00 - 19:30	Senior Women	10.000m Points	Final
	19:30 - 20:00	Senior Men	10.000m Points	Final
	20:00 - 20:15	Senior Women and Men	1 Lap Sprint	Final
	20:15 - 20:30	Junior Women and Men	Award Ceremonies: 15.000m Elimination	
	20:30 - 20:45	Senior Women and Men	Award Ceremonies: 10.000m Points	
Award Ceremonies: 1 Lap Sprint				

PROGRAM - Road - Front Marítim

Date	Time	Category	Description/ Distance	Round	
FRIDAY 12 JULY	08:15 - 08:45		Free Road		
	09:00	Junior Women	1 Lap Sprint	Series	
		Junior Men	1 Lap Sprint	Series	
		Junior Women	1 Lap Sprint	Quarter Final	
		Junior Men	1 Lap Sprint	Quarter Final	
		Junior Women	10.000m Points	Qualifying	
		Junior Men	10.000m Points	Qualifying	
		Senior Women	15.000m Elimination	Qualifying	
		Senior Men	15.000m Elimination	Qualifying	
	14:00 - 15:45			Break	
	15:45 - 16:15			Free Road	
	16:30 - 16:45	Junior Women	1 Lap Sprint	Semifinal	
	16:45 - 17:00	Junior Men	1 Lap Sprint	Semifinal	
	17:00 - 17:15			PAUSE	
	17:15 - 17:45	Junior Women	10.000m Points	Final	
	17:45 - 18:15	Junior Men	10.000m Points	Final	
	18:15 - 19:00	Senior Women	15.000m Elimination	Final	
	19:00 - 19:45	Senior Men	15.000m Elimination	Final	
	19:45 - 20:00	Junior Women and Men	1 Lap Sprint	Final	
	20:00 - 20:15	Junior Women and Men	Award Ceremonies: 10.000m Points		
			Award Ceremonies 1 Lap Sprint		
	20:15 - 20:30	Senior Women and Men	Award Ceremonies: 15.000m Elimination		

PROGRAM - Road - Passeig de Gràcia

PROGRAM - Road - Passeig de Gràcia				
Date	Time	Category	Description/ Distance	Round
SATURDAY 13 JULY	16:45 - 17:15		Free Road	
	17:15 - 17:30		Pause	
	17:30 - 17:45	Junior Women	100m Sprint	Qualifying
	17:45 - 18:00	Junior Men	100m Sprint	Qualifying
	18:00 - 18:15	Senior Women	100m Sprint	Qualifying
	18:15 - 18:30	Senior Men	100m Sprint	Qualifying
	18:30 - 18:45	Junior Women	100m Sprint	Semifinal
	18:45 - 19:00	Junior Men	100m Sprint	Semifinal
	19:00 - 19:15	Senior Women	100m Sprint	Semifinal
	19:15 - 19:30	Senior Men	100m Sprint	Semifinal
	19:30 - 20:00		Pause	
	20:00 - 20:15	Junior Women and Men	100m Sprint	Final
	20:15 - 20:30	Senior Women and Men	100m Sprint	Final
	20:30 - 20:45	Junior Women and Men	Award Ceremonies: 100m Sprint	
	20:45 - 21:00	Senior Women and Men	Award Ceremony: 100m Sprint	

PROGRAM - Marathon - Diagonal / Passeig de Gràcia

PROGRAM - Marathon - Diagonal / Passeig de Gràcia				
Date	Time	Category	Description/ Distance	Round
SUNDAY 14 JULY	08:00	Women (Open + Master)	42.195m Marathon	Final
	10:00	Men (Open + Master)	42.195m Marathon	Final
	12:00	Women and Men	Award Ceremonies: Marathon races	