

SCHEDULE
CONTINENTAL CHAMPIONSHIP 2019
RUSSIA - NYZHNY NOVGOROD
Updated on October 3rd



EVENT SCHEDULE		
Day	Time	PRACTICE
TUESDAY Oct. 8	08:30 - 18:00	Registration and Check in
	09:00 - 10:20	Men Practice Group 1
	10:30 - 11:50	Women Practice Group 1
	12:00 - 13:20	Men Practice Group 2
	13:30 - 14:50	Women Practice Group 2
	15:00 - 16:20	Men Practice Group 3
	16:30 - 17:50	Women Practice Group 3
	18:00 - 19:20	Men Practice Group 4
	19:30 - 20:00	Women Seeded Only Practice
	20:10 - 20:40	Men Seeded Only Practice
Day	Time	PRACTICE
WEDNESDAY Oct 9	08:30 - 18:00	Registration and Check in
	09:00 - 10:20	Women Practice Group 2
	10:30 - 11:50	Men Practice Group 3
	12:00 - 13:20	Women Practice Group 3
	13:30 - 14:50	Men Practice Group 4
	15:00 - 16:20	Women Practice Group 1
	16:30 - 17:50	Men Practice Group 2
	18:00 - 19:20	Men Practice Group 1
	19:30 - 20:00	Women Seeded Only Practice
	20:10 - 20:40	Men Seeded Only Practice
Day	Time	OPEN QUALIFIER
THURSDAY Oct. 10	08:30 - 15:00	Registration for Seeded Riders and Check In
	09:00 - 10:30	Women's open practice
	10:30 - 12:00	Men's open practice
	12:00 - 12:45	Men's qualification practice - Heat 1
	12:45 - 13:30	Men's qualification practice - Heat 2
	13:30 - 14:10	Riders meeting 1
	14:10 - 14:20	Men's qualification practice - Heat 1
	14:20 - 14:40	Men's qualification - Heat 1
	14:40 - 14:50	Men's qualification practice - Heat 2
	14:50 - 15:10	Men's qualification - Heat 2
	15:10 - 15:55	Men's qualification practice - Heat 3
	15:55 - 16:40	Men's qualification practice - Heat 4
	16:40 - 16:50	Riders meeting 2
	16:50 - 17:00	Men's qualification practice. Heat 3
	17:00 - 17:20	Men's qualification. Heat 3
	17:20 - 17:30	Men's qualification practice. Heat 4
	17:30 - 17:50	Men's qualification. Heat 4
	18:00 - 19:30	Women's open practice
	19:30 - 21:00	Men's open practice

EVENT SCHEDULE		
Day	Time	SEMIFINAL
FRIDAY Oct. 11	09:00 - 15:00	Check in for Semifinal Runs
	09:00 - 10:00	Men's open practice
	10:00 - 11:00	Women's open practice
	11:00 - 12:00	Women's semifinal practice. Heat 1/2/3
	12:00 - 12:15	Riders Meeting
	12:20 - 12:30	Women's semifinal practice. Heat 1
	12:30 - 13:20	Women's semifinal. Heat 1
	13:20 - 13:30	Women's semifinal practice. Heat 2
	13:30 - 14:20	Women's semifinal. Heat 2
	14:20 - 14:30	Women's semifinal practice. Heat 3
	14:30 - 15:10	Women's semifinal. Heat 3
	15:20 - 16:20	Men's semifinal practice. Heat 1/Heat 2
	16:20 - 16:30	Riders meeting
	16:30 - 16:40	Men's semifinal practice. Heat 1
	16:40 - 17:30	Men's semifinal. Heat 1
	17:30 - 17:40	Men's semifinal practice. Heat 2
	17:40 - 18:30	Men's semifinal. Heat 2
	18:30 - 19:30	Men's semifinal practice. Heat 3/Heat 4
	19:30 - 19:40	Men's semifinal practice. Heat 3
	19:40 - 20:30	Men's semifinal. Heat 3
	20:30 - 20:40	Men's semifinal practice. Heat 4
	20:40 - 21:30	Men's semifinal. Heat 4
Day	Time	FINAL
SATURDAY Oct. 12	09:00 - 13:00	Check in of Riders for Final
	09:30 - 11:00	Open Final Practice All
	11:00 - 13:00	Women's final practice
	13:00 - 15:00	Men's final practice
	15:00 - 15:50	Women's final practice
	16:00 - 17:20	Women's FINAL
	17:50 - 19:00	Men's final practice
	19:00 - 20:20	Men's FINAL
	20:20 - 20:40	AWARDS CEREMONY

*Note: Schedule is subject to potential changes due to weather conditions or unforeseen situations