



UPDATE 29/01/21

## WORLD SKATE ACADEMY: INLINE SPEED SKATING

### ONLINE COURSE - PROGRAM

### MORNING LESSONS (Lausanne local time)

WEEKDAY	DAY	MONTH	YEAR	ATTENDEES	LEVEL	DISCIPLINE	HOURS PER LESSON	START TIME (Lausanne local time)	END TIME (Lausanne local time)	SPEAKER	LANGUAGES
Sat.	6	Feb	2021	Coaches	1	Sport Management 1	01:15	09:00	10:15	Simone Masserini	ENG
						Sports Team Management 1	01:15	10:25	11:40	Elias del Valle	ENG-SPA
Sun.	7	Feb	2021	Coaches	1	Antidoping 1	01:15	09:00	10:15	V.Quintana/A.Gutierrez	ENG
						General Regulations	01:15	10:25	11:40	Ismael Ochoa	ENG-SPA
Sat.	13	Feb	2021	Coaches	1	Sport Management 2	01:15	09:00	10:15	Simone Masserini	ENG
						Sports Team Management 2	01:15	10:25	11:40	Elias del Valle	ENG-SPA
Sun.	14	Feb	2021	Coaches	1	Antidoping 2	01:15	09:00	10:15	V.Quintana/A.Gutierrez	ENG
						Technical Regulations	01:15	10:25	11:40	Ismael Ochoa	ENG-SPA
Sat.	20	Feb	2021	Coaches	1	Sport Nutrition	01:15	09:00	10:15	Raffaella Spada	ENG
						Excellence in sports training	01:15	10:25	11:40	Eduardo Becali	ENG-SPA
Sun.	21	Feb	2021	Coaches	1	Importance of the technique in youthful ages	01:15	09:00	10:15	Massimiliano Presti	ENG-SPA
						Specific Theory of Sports Training for Speed Skating I	01:15	10:25	11:40	Iván Vargas	ENG-SPA
Sat.	27	Feb	2021	Coaches	1	Tactics in Speed Skating 1	01:15	09:00	10:15	Pascal Briand	ENG
						Different models of sports training	01:15	10:25	11:40	Eduardo Becali	ENG-SPA
Sun.	28	Feb	2021	Coaches	1	Tactics in Speed Skating 2	01:15	09:00	10:15	Pascal Briand	ENG
						Specific Theory of Sports Training for Speed Skating 2	01:15	10:25	11:40	Iván Vargas	ENG-SPA
Sat.	6	Mar	2021	Coaches	1	Technique in Speed Skating 1	01:15	09:00	10:15	Pascal Briand	ENG
						Principles and Loads of sports training	01:15	10:25	11:40	Eduardo Becali	ENG-SPA
Sun.	7	Mar	2021	Coaches	1	Technique in Speed Skating 1	01:15	09:00	10:15	Pascal Briand	ENG
						Specific Theory of Sports Training for Speed Skating 3	01:15	10:25	11:40	Iván Vargas	ENG-SPA
Sat.	13	Mar	2021	Coaches	1	The Force and the prevention of misfortunes 1	01:15	09:00	10:15	Carlo Varalda	ENG
						Sports Psychology 1	01:15	10:25	11:40	Andrea Chirico	ENG
Sun.	14	Mar	2021	Coaches	1	The Force and the prevention of misfortunes 2	01:15	09:00	10:15	Carlo Varalda	ENG
						Sports Psychology 2	01:15	10:25	11:40	Andrea Chirico	ENG
Sat.	20	Mar	2021	Coaches	1	World Skate Coaches AssessmentTest	TBD	TBD	TBD		