						EW TOUR PRACTICE/COMPETITION Des Moines, IA - (5-20-21)	SCHEDULE						
		FRIDAY, MAY 21, 2021				SATURDAY, MAY 22, 2021				SUNDAY, MAY 23, 2021			
	Please show up a minimum of 90 minutes prior to your start time if it is your test day. Once tested, you will receive your wristband for course access. If it is not your test day, you still MUST check in at athlete registration to get a wristband for course access. If you were previously scheduled to test on a day that you now do not have venue access, you still MUST come to the COVID Wellness Center to complete your test.												
7:50 AM	PARK Men's Adaptive Practice	STREET Women's Adaptive Practice	PRESS CENTER	VENUE	PARK	STREET	PRESS CENTER	VENUE	PARK	STREET 7:50-8:10 - COVID Cleaning	PRESS CENTER	VENUE	
8:00 AM 8:10 AM	Practice: 12 Athletes, 40 Sec Runs Lintil Fall 7:40-8:40	Practice: 7 Athletes 7:40-8:10			Weather Contingency	Weather Contingency	Press Center			Women's Adaptive Practice	-		
8:20 AM 8:30 AM 8:40 AM		Men's Adaptive Practice Practice: 12 Athletes					7:45 AM - 10:30 PM		8:20-8:40 - COVID Cleaning	Practice: 8 Athletes, 40 Sec Runs Until Fall 8:10-9:10			
8:40 AM 8:50 AM	8:50-9:00 - Women's Qualifier Warm Up (H4)	8:10-8:40 8:50-9:00 - Men's Qualifier Warm Up	Press Center 8:30 AM - 10:30 PM			8:50-9:00 - Women's Semifinal Warm Up			Men's Adaptive Practice Practice: 13 Athletes, 40 Sec Runs Until Fall		Press Center 8:30 AM - 8:00 PM		
8:50 AM 9:00 AM 9:10 AM	Women's Open Qualifier - Heat 4 (7 Athletes) 9:00-9:20	Men's Open Qualifier Heat 1			Men's Pre-Seeded Practice 9:00-10:00	Women's Semifinal Heat 1		Venue Open	8:40-10:10			Venue Open	
9:20 AM 9:30 AM 9:40 AM 9:50 AM 10:00 AM		9:00-10:10 Competition: 2 Runs, 45 Sec, Full Time				9:00-9:55 Competition: 2 Runs, 45 Sec, Full Time 9:55-10:05 - Women's Semifinal Warm Up	_	9:00 AM - 10:30 PM		Women's Adaptive Final Competition: 3 Runs, 49 Sec Full Time 9:15-10:00 Presented by Toyota 10:00-10:15 - Medal Ceremony	_	9:00 AM - 7:30 PM	
10:10 AM 10:20 AM	10:10-10:20 - Women's Semifinal Warm Up Women's Semifinal	10:10-10:20 - Men's Qualifier Warm Up Men's Open Qualifier			Weather Contingency	Women's Semifinal Heat 2			Men's Adaptive Final	10:15-10:25 - COVID Cleaning			
10:30 AM 10:40 AM	Heat 1 10:20-11:15	Heat 2 10:20-11:30				10:05-11:00 Competition: 2 Runs, 45 Sec, Full Time			Competition: 3 Runs, 40 Sec Full Time 10:20-11:20	Men's Adaptive Practice Practice: 13 Athletes, 40 Sec Runs Until Fall			
10:50 AM 11:00 AM	Competition: 3 Runs, 40 Sec Until Fall	Competition: 2 Runs, 45 Sec, Full Time								10:35-11:35			
11:10 AM 11:20 AM	11:15-11:25 - Women's Semifinal Warm Up			Venue Open 11:00 AM - 9:00 PM		11:05-11:15 - Women's Semifinal Warm Up Women's Semifinal	1		Presented by Toyota 11:20-11:35 - Medal Ceremony				
11:30 AM 11:40 AM 11:50 AM	Women's Semifinal Heat 2 11:25-12:20	11:30-11:40 - Men's Qualifier Warm Up Men's Open Qualifier Heat 3	1			Heat 3 11:15-12:10 Competition: 2 Runs, 45 Sec, Full Time				Men's Adaptive Final Competition: 3 Runs, 40 Sec Full Time	1		
12:00 PM	11:25-12:20 Competition: 3 Runs, 40 Sec Until Fail	11:40-12:50				Competition: 2 Runs, 45 Sec, Full Time			Women's Final Warm Up	Competition: 3 Runs, 40 Sec Full Time 11:40-12:50			
12:10 PM 12:20 PM		Competition: 2 Runs, 45 Sec, Full Time			12:00-12:10 - Men's Semifinal Warm Up Men's Semifinal				Practice: 60 Min, 8 Athletes, 40 Sec Runs Until Fall				
12:30 PM 12:40 PM	12:20-12:30 - Women's Semifinal Warm Up Women's Semifinal				Heat 1 12:10-1:05	Men's Pre-Seeded Practice 12:15-1:15				Presented by Toyota			
12:50 PM 1:00 PM	Heat 3 12:30-1:25	12:50-1:00 - Men's Qualifier Warm Up Men's Open Qualifier			Competition: 3 Runs, 40 Sec Until Fall				12:00-12:10 - COVID Cleaning 12:10-1:10 - Women Final Warm Up	12:50-1:05 - Medal Ceremony	_		
1:10 PM 1:20 PM	Competition: 3 Runs, 40 Sec Until Fall	Heat 4 1:00-2:10			1:05-1:15 - Men's Semifinal Warm Up	Women's Adaptive Practice	-		Women's Final	Women's Final Warm Up	_		
1:30 PM 1:40 PM	1:30-1:40 - Men's Qualifier Warm Up	Competition: 2 Runs, 45 Sec, Full Time			Men's Semifinal Heat 2	7 Athletes 1:15-2:00			1:15-2:15 4 Runs, 8 Athletes, 40 Sec Until Fall	Practice: 60 Min, 8 Athletes			
1:50 PM 2:00 PM	Men's Open Qualifier Heat 1				1:15-2:10 Competition: 3 Runs, 40 Sec Until Fall								
2:10 PM 2:20 PM	1:40-2:35 Competition: 2 Rurs, 40 Sec, Full Time	2:10-2:20 - Men's Qualifier Warm Up Men's Open Qualifier				Men's Adaptive Practice 12 Athletes			2:15-2:30 - Medal Ceremony	1:20-1:30 - COVID Cleaning 1:30-2:30 - Women Final Warm Up			
2:30 PM 2:40 PM	2:35-2:45 - Men's Qualifier Warm Up	Heat 5 2:20-3:30			2:10-2:20 - Men's Semifinal Warm Up Men's Semifinal	2:00-2:45				Women's Final			
2:50 PM 3:00 PM	Men's Open Qualifier Heat 2	Competition: 2 Runs, 45 Sec, Full Time			Heat 3 2:20-3:15		-			2:35-4:05 2 Runs, 45 Sec + 5 Tricks			
3:10 PM 3:20 PM	2:45-3:40 Competition: 2 Runs, 40 Sec, Full Time				Competition: 3 Runs, 40 Sec Until Fall				Men's Final Warm Up Practice: 60 Min. 8 Athletes. 40 Sec Runs Until Fall				
3:30 PM 3:40 PM	3:40-3:50 - Men's Qualifier Warm Up	3:30-3:40 - Men's Qualifier Warm Up Men's Open Qualifier			Men's Adaptive Practice	3:05-3:15 - Men's Semifinal Warm Up Men's Semifinal							
3:50 PM 4:00 PM	Men's Open Qualifier Heat 3	Heat 6 3:40-4:50			Practice: 12 Athletes, 40 Sec Runs Until Fall 3:20-4:20	Heat 1 3:15-4:10			3:10-3:20 - COVID Cleaning				
4:10 PM 4:20 PM	3:50-4:45 Competition: 2 Runs, 40 Sec, Full Time	Competition: 2 Runs, 45 Sec, Full Time				Competition: 2 Runs, 45 Sec, Full Time			3:20-4:20 - Men Final Warm Up	4:05-4:20 - Medal Ceremony			
4:30 PM 4:40 PM	4:45-4:55 - Men's Qualifier Warm Up					4:10-4:20 - Men's Semifinal Warm Up			Men's Final 4:25-5:25	Men's Final Warm Up	_		
4:50 PM	Men's Open Qualifier Heat 4	Women's Pre-Seeded Practice 4:50-5:50			Weather Contingency	Men's Semifinal Heat 2			4 Runs, 8 Athletes, 40 Sec Until Fall	Practice: 60 Min, 8 Athletes			
5:10 PM 5:20 PM	4:55-5:50 Competition: 2 Runs, 40 Sec, Full Time					4:20-5:15 Competition: 2 Runs, 45 Sec, Full Time							
5:20 PM 5:30 PM 5:40 PM	5:50-6:00 - Men's Qualifier Warm Up	5:50-6:00- Women's Qualifier Warm Up							5:25-5:40 - Medal Ceremony 5:40-5:50 - COVID Cleaning	4:40-4:50 - COVID Cleaning 4:50-5:50 - Men Final Warm Up			
5:50 PM 6:00 PM	Men's Open Qualifier Heat 5	Women's Open Qualifier Heat 1				5:15-5:25 - Men's Semifinal Warm Up Men's Semifinal	-			Men's Final			
6:10 PM 6:20 PM	6:00-6:55 Competition: 2 Rurs, 40 Sec, Full Time	6:00-6:55 Competition: 2 Runs, 45 Sec, Full Time				Heat 3 5:25-6:20				5:55-7:25 2 Runs, 45 Sec + 5 Tricks			
6:30 PM 6:40 PM	6:55-7:05 - Men's Qualifier Warm Up	6:55-7:05 - Women's Qualifier Warm Up	-			Competition: 2 Runs, 45 Sec, Full Time							
6:50 PM 7:00 PM	Men's Open Qualifier Heat 6	Women's Open Qualifier Heat 2				Men's Adaptive Practice	-						
7:10 PM 7:20 PM	7:05-8:00 Competition: 2 Runs, 40 Sec, Full Time	7:05-8:00 Competition: 2 Runs, 45 Sec, Full Time				Practice: 12 Athletes 6:25-7:25							
7:30 PM 7:40 PM	Men's Pre-Seeded Practice	8:00-8:10- Women's Qualifier Warm Up								7:25-7:40 - Medal Ceremony 7:40-7:50 - COVID Cleaning			
7:50 PM 8:00 PM	8:00-9:00	Women's Open Qualifier Heat 3					-						
8:10 PM 8:20 PM		8:10-9:05 Competition: 2 Runs, 45 Sec, Full Time				Weather Contingency							
8:30 PM 8:40 PM	Weather Contingency												
8:50 PM 9:00 PM		Women's Pre-Seeded Practice 9:05-10:05											
9:10 PM 9:20 PM													
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9:50 PM 10:00 PM			1										
10:10 PM 10:20 PM													
10:30 PM 10:40 PM													
11:00 PM			1										