

GENERAL PROGRAM

Friday 5 th November	Time	Description
	10:00 am	Technical Meeting
	7:30 pm	Opening Ceremony

TRACK CHAMPIONSHIP PROGRAM

Saturday 6 th November	Time	Involved	Race	Round
	08:00 am	Junior Ladies	200 Dual TT	Qualification
		Junior Men	200 Dual TT	Qualification
		Senior Ladies	200 Dual TT	Qualification
		Senior Men	200 Dual TT	Qualification
		Junior Ladies	Points/Elimination	Qualification
		Junior Men	Points/Elimination	Qualification
		Senior Ladies	Elimination	Qualification
		Senior Men	Elimination	Qualification
	05:00 pm	Junior Ladies	200 Dual TT	Final
		Junior Men	200 Dual TT	Final
		Senior Ladies	200 Dual TT	Final
		Senior Men	200 Dual TT	Final
		Junior Ladies	Points/Elimination	Final
		Junior Men	Points/Elimination	Final
		Senior Ladies	Elimination	Final
		Senior Men	Elimination	Final

Sunday 7 th November	Time	Involved	Race	Round	
	08:00 am	Junior Ladies	500m +D Sprint	Qualification	
		Junior Men	500m +D Sprint	Qualification	
		Senior Ladies	1.000m Sprint	Qualification	
		Senior Men	1.000m Sprint	Qualification	
		Junior Ladies	500m +D Sprint	Qualification	
		Junior Ladies	Elimination	Qualification	
		Junior Men	Elimination	Qualification	
		Senior Ladies	Points/Elimination	Qualification	
		Senior Men	Points/Elimination	Qualification	
		Junior Ladies	500m +D Sprint	Quarterfinals	
		Junior Men	500m +D Sprint	Quarterfinals	
		17:00 pm	Junior Ladies	500m +D Sprint	Semifinals
			Junior Men	500m +D Sprint	Semifinals
			Senior Ladies	1.000m Sprint	Semifinals
			Senior Men	1.000m Sprint	Semifinals
			Junior Ladies	Elimination	Final
			Junior Men	Elimination	Final
	Senior Ladies		Points/Elimination	Final	
	Senior Men		Points/Elimination	Final	
	Junior Ladies		500m +D Sprint	Final	
	Junior Men		500m +D Sprint	Final	
	Senior Ladies		1.000m Sprint	Final	
	Senior Men	1.000m Sprint	Final		

Monday 8 th November	Time	Involved	Race	Round
	08:00 am	Senior Ladies	500m +D Sprint	Qualification
		Senior Men	500m +D Sprint	Qualification
		Junior Ladies	1.000m Sprint	Qualification
		Junior Men	1.000m Sprint	Qualification
		Junior Ladies	Relays	Qualification
		Junior Men	Relays	Qualification
		Senior Ladies	Relays	Qualification
		Senior Men	Relays	Qualification
		Senior Ladies	500m +D Sprint	Quarterfinals
	Senior Men	500m +D Sprint	Quarterfinals	
17:00 pm	Senior Ladies	500m +D Sprint	Semifinals	
	Senior Men	500m +D Sprint	Semifinals	
	Junior Ladies	1.000m Sprint	Semifinals	
	Junior Men	1.000m Sprint	Semifinals	
	Senior Ladies	500m +D Sprint	Final	
	Senior Men	500m +D Sprint	Final	
	Junior Ladies	1.000m Sprint	Final	
	Junior Men	1.000m Sprint	Final	
	Junior Ladies	Relays	Final	
	Junior Men	Relays	Final	
	Senior Ladies	Relays	Final	
	Senior Men	Relays	Final	

Tuesday 9 th November	REST DAY			
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TRACK CHAMPIONSHIP PROGRAM					
Wednesday 10 th November	Time	Involved	Race	Round	
	08:00 am	Junior Ladies	100m Sprint	Qualification	
		Junior Men	100m Sprint	Qualification	
		Junior Ladies	Elimination	Qualification	
		Junior Men	Elimination	Qualification	
		Senior Ladies	Points	Qualification	
		Senior Men	Points	Qualification	
	05:00 pm	Junior Ladies	Elimination	Final	
		Junior Men	Elimination	Final	
	Senior Ladies	Points	Final		
	Senior Men	Points	Final		
	Junior Ladies	100m Sprint	Final		
	Junior Men	100m Sprint	Final		

Thursday 11 th November	Time	Involved	Race	Round	
	08:00 am	Senior Ladies	100m Sprint	Qualification	
		Senior Men	100m Sprint	Qualification	
		Junior Ladies	Points	Qualification	
		Junior Men	Points	Qualification	
		Senior Ladies	Elimination	Qualification	
		Senior Men	Elimination	Qualification	
	05:00 pm	Junior Ladies	Elimination	Final	
		Junior Men	Elimination	Final	
	Senior Ladies	Points	Final		
	Senior Men	Points	Final		
	Junior Ladies	100m Sprint	Final		
	Junior Men	100m Sprint	Final		

Friday 12 th November	Time	Involved	Race	Round	
	08:00 am	Junior Ladies	One Lap Sprint	Qualification	
		Junior Men	One Lap Sprint	Qualification	
		Senior Ladies	One Lap Sprint	Qualification	
		Senior Men	One Lap Sprint	Qualification	
		Junior Ladies	One Lap Sprint	Quarterfinal	
		Junior Men	One Lap Sprint	Quarterfinal	
		Senior Ladies	One Lap Sprint	Quarterfinal	
		Senior Men	One Lap Sprint	Quarterfinal	
	05:00 pm	Junior Ladies	One Lap Sprint	Semifinals	
		Junior Men	One Lap Sprint	Semifinals	
		Senior Ladies	One Lap Sprint	Semifinals	
		Senior Men	One Lap Sprint	Semifinals	
		Junior Ladies	One Lap Sprint	Final	
		Junior Men	One Lap Sprint	Final	
		Senior Ladies	One Lap Sprint	Final	
		Senior Men	One Lap Sprint	Final	

MARATHON PROGRAM				
Saturday 13 th November	Time	Involved	Race	Round
	08:00 am	Ladies	Marathon	Final
	10:00 am	Men	Marathon	Final