

OLYMPIC SKATEBOARDING COACH EDUCATION ACCREDITATION SYSTEM 2024-28



LEARNING CURRICULUM
Defining the minimum standards of what it is that coaches should have the opportunity to learn as a result of any formal Olympic skateboarding coach education, that enables them to progress along a development continuum

OUR LEVELS

1. GRASSROOTS

Able to work with skaters looking to start their sporting journey



- Technical**
 - Start up skills; equipment set up; skate history
- Tactical**
 - Skate park etiquette; navigating skate environment
- Psychology and Wellbeing**
 - Skills to support fun; building trust and persistence
- Physical and Sport Science**
 - Warm up and cool downs; good hydration and fuel
- Environment**
 - Ensuring inclusion, challenge, safety and creativity
- Planning and Management**
 - Session plans; managing small groups; being adaptable
- Communication and Relation**
 - Respectful communication; aware bio/psych/social
- Safeguarding**
 - OHS; child protection; first aid; code conduct

20_h **65%** **0_{mth}**
TIME PRACTICAL EXP

2. PARTICIPATION

Able to work with skaters looking to build their skills and involvement in the sport



- Technical**
 - Easy dual discipline skills; tumbling skills; video
- Tactical**
 - Competition formats; judging criteria; navigating core industry
- Psychology and Wellbeing**
 - Growth and shifting mindset; role of coach in wellbeing
- Physical and Sport Science**
 - Physical link to skill; growth; recovery; modalities
- Environment**
 - Personality traits; group dynamics; exploring environments
- Planning and Management**
 - Annual plans; goal setting; working in teams; small trips
- Communication and Relation**
 - Types feedback; aware emotions; psychological safety
- Safeguarding**
 - Concussion; vulnerable adults

45_h **55%** **6_{mth}**
TIME PRACTICAL EXP

3. DEVELOPMENT

Able to work with skaters that have high competitive aspirations



- Technical**
 - Split stream; advanced skills; code execution
- Tactical**
 - Split stream; profiling; optimising scoring
- Psychology and Wellbeing**
 - Sport psychology, burnout; supporting transitions
- Physical and Sport Science**
 - On/off board testing; biomechanics; physiology
- Environment**
 - Team building; impact of people/places on dynamics
- Planning and Management**
 - OG cycle; leadership, HP camp, program reviews
- Communication and Relation**
 - Managing emotions, conflict; audience adjustment
- Safeguarding**
 - Anti-doping; data protection

90_h **45%** **12_{mth}**
TIME PRACTICAL EXP

4. ELITE PERFORMANCE

Able to work with skaters that are competing at an international (OG or WC) level



- Technical**
 - Split stream; most advanced skills; pushing boundaries
- Tactical**
 - Split stream; competition coding, analytics and data use
- Psychology and Wellbeing**
 - Performing on biggest stage; late career transitions
- Physical and Sport Science**
 - Peaking, tapering and aligned plan and prescription
- Environment**
 - Performance centre design and development
- Planning and Management**
 - Campaign and succession plans; influential and inspiring leadership
- Communication and Relation**
 - Whole sport stakeholder reports; developmental coaching
- Safeguarding**
 - Maintenance of all previous

175_h **35%** **24_{mth}**
TIME PRACTICAL EXP